

JACKIE L. HALSTEAD

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Summary of Qualifications

- Associate Professor, Department of Marriage and Family Therapy, ACU-Online, Dallas, TX, March 2017 to present.
- Associate Director, Department of Marriage and Family Therapy, ACU-Online, Dallas, TX, June 2019 to present.
- Chief Executive Officer, Selah Center for Spiritual Formation, March 2015 to present.
- President, Halstead and Associates, PC, 2000-present
- Director, Selah Spiritual Direction Certificate Program, Nashville, TN, 2005 to present.
- Doctor of Philosophy in Human Development and Family Studies with a specialization in Marriage and Family Therapy, Iowa State University, 2000
- Master of Divinity, Abilene Christian University, 2020.
- Licensed Marriage and Family Therapist, Tennessee, specializing in clergy and their families
- Approved Supervisor with American Association for Marriage and Family Therapy
- Professional speaker, national and international – primary topics - spiritual formation, contemplative prayer, and relationship issues
- Author, *Leaning into God's Embrace: A Guidebook for Contemplative Prayer*, Leafwood, 2021.

Academic Degrees

Masters of Divinity – Graduate School of Theology, Abilene Christian University, Abilene, TX - 2020.

Doctor of Philosophy - Human Development and Family Studies with Specialization in Marriage and Family Therapy (COAMFTE Approved) Iowa State University, Ames, Iowa - 2000

Dissertation topic: Ministers perception of support received from their congregation: A qualitative study.

Masters in Marriage and Family Therapy - Marriage and Family Program (COAMFTE Accreditation) Abilene Christian University, Abilene, Texas - 1987

Bachelor of Science - Psychology, with a minor in Business Administration, Oklahoma Christian College, Oklahoma City, Oklahoma - 1985

Associate of Arts - Business, York College, York, Nebraska - 1981

Non-Profit Leadership

CEO Selah Center for Spiritual Formation, Nashville, TN 2015 to present
501(c)3 Status granted September 2015

Academic Appointment/Teaching Experience

Associate Professor Abilene Christian University On-line, Dallas, TX 2017 to present
Department of Marriage and Family Therapy
Internship I-VIII
Family Therapy II
Professional Ethics and the Law
Cultural Diversity
Couples Therapy
Pre-Internship
Therapy Across the Life Cycle

Adjunct Professor Abilene Christian University On-line, Dallas, TX 2016
Department of Marriage and Family Therapy
Professional Ethics and the Law – Lead Teacher

Lipscomb University, Nashville, TN 2014 to present
Department of Marriage and Family Therapy
Introduction to Counseling Skills
Family Therapy II
Therapy Across the Life Cycle
Supervision IV
Spirituality in MFT
Cultural Diversity

Hazelip School of Theology, 2014 to present
Spiritual Formation and Guidance
Counseling for Church Leaders

DMin in Missional and Spiritual Formation, 2014 to 2015
Spiritual Companionship

Associate Professor Lipscomb University, Nashville, TN 2010 to 2014
College of Bible and Ministry
Undergraduate
Faith and Culture, LIFE course (TN Prison for Women)
Disciplines for Christian Living (TN Prison for Women)
Faith and Culture
Disciplines for Christian Living
Graduate, Masters
Theory and Practice of Prayer

Foundations of Spiritual Direction
Spiritual Formation of Spiritual Directors
Spiritual Direction Internship
Incarnational Living
Counseling for Church Leaders
Spiritual Formation and Guidance
Personhood, Ministry, and Discipleship
Graduate, Doctoral
Acquiring skills for effective ministry research
Spiritual Companionship
Spiritual Formation Retreat
Institute for Conflict Management (Graduate, Masters)
Conflict in Family Settings, on-line

Department Chair Department of Marriage and Family Therapy
Abilene Christian University, Abilene, TX 2005 to 2010

Associate Professor Department of Marriage and Family Therapy
Abilene Christian University, Abilene, TX 2006 to 2010
Addictive Disorders
Family Therapy I
Integration of Psychology and Theology
Family Therapy II
Family Life Cycle
Professional Ethics and the Law
Cultural Diversity
Internship II, III, and IV

Assistant Professor Department of Marriage and Family Therapy
Abilene Christian University, Abilene, TX 1998 to 2006
Family Therapy II
Internship I
Therapy across the Life Cycle
Pre-Internship
Professional Ethics and the Law
Gender & Ethnicity

Seminars/Speaking engagements

2013-present

Training of professionals

Scholarly presentations

Spirituality

Teaching spiritual disciplines to children, guest speaker, Ministering to Children course, Lipscomb University, Nashville, TN, February 2016.

Spiritual direction versus spiritually-focused therapy, guest speaker, Integration of Psychology and Theology course, Abilene Christian University, Abilene, TX (via skype), May 21, 2015

Contemplative prayer as self-care, Invited plenary speaker, Christian Association for Psychological Studies, International (CAPS), Denver, CO, April 2015

Contemplative Prayer track, Christian Association for Psychological Studies (CAPS) International, Atlanta, GA, April 2014.

Measurement of Spirituality, Generative session, Christian Scholars Conference, Pepperdine, Malibu, CA, 2011, Lipscomb University, Nashville, TN 2012, 2013

Narrative Therapy

Narrative Therapy - Family Therapy II, guest speaker, Lipscomb University, Nashville, TN, March, 2020.

Self-care

Sustenance for the journey: Care for church leader couples, enVision Church Leaders pre-conference, Summer Celebration, Lipscomb University, Nashville, TN, July 2014.

Staff partnership health in large churches, invited panelist, Christian Scholars Conference, Lipscomb University, Nashville, TN June 2014.

Others

Reflecting Team training – Department of Marriage and Family Therapy, Lipscomb University, Nashville, TN 2014.

Prepare/Enrich facilitator training – Nashville, TN 2013, 2014, 2015, 2107.

Service presentations (applied scholarship)

Non-profits

How to start a non-profit, Spiritual Friends Network, Nashville, TN, September 2015.

Diversity

Racial Justice in Family Ministry, Virtual class, Meadowbrook Church of Christ, Jackson, MS, October 2020.

Social activism grounded in spiritual practices, Racial Unity Leadership Symposium, Carl Spain Center, ACU, Online, August 2020.

Forgiveness, Racial Unity Leadership Symposium Contemplative Retreat, Cullman, AL, February, 2020.

The Jean Family: Readings from the Heart, Racial Unity Leadership Symposium, Dallas, TX, May 2019.

Life Together, Racial Unity Leadership Symposium leadership preparation, Dallas, TX, February 2019.

Cost of Discipleship for White Christians, Racial Unity Leadership Symposium (RULS), Jackson, MS, November 2018.

Racial reconciliation retreat - Retreat for leaders of Black and White Churches of Christ for purposes of reconciliation – Lebh Shomea, Samarita, TX July 2014.

Women leaders in faith based institutions of higher learning – Conversations of Significance facilitator, Christian Scholars Conference, Lipscomb University, Nashville, TN, 2013, 2014.

Mental Health topics

Conflict resolution in intentional community – Scarritt Bennett Center, Nashville, TN, October 2014.

Differentiation for ministers – Contemplative Ministers Initiative, Dallas, TX, October 2018.

Shame – Panel for college women – Lipscomb University, Nashville, TN 2013

Spiritual Formation of children – Woodmont Hills Family of God Bible Class, four-week series, Nashville, TN 2013

Pre-marriage/marriage

Marriage retreat – University Church of Christ, Denver, CO, February 2019.
Marriage retreat for Clergy and Spouses – Beckwith Episcopal Retreat Center, Mobile, AL, 2018
Premarital workshop (Merge) – Spirituality of Marriage, Otter Creek Church, 2014, 2015, 2016, 2017, 2018, 2020.
Marriage Seminar – New Life Family of God, Odessa, TX, May 29-June 1, 2015
Marriage retreat – Beckwith Episcopal Retreat Center, Mobile, AL 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017.

Spiritual/Church Issues

Church fathers and mothers

Ignatian spirituality, Spiritual Friends Network, Glendale United Methodist Church, Nashville, TN, December 2014.
The Spiritual Exercises of St. Ignatius, Summer Celebration, Lipscomb University, Nashville, TN, 2014.
The Spiritual Exercises of St. Ignatius, Annual Bible Lectures, Pepperdine University, Malibu, CA, 2014.
The Spiritual Exercises of St. Ignatius, Nurture, 2014, Lipscomb University, Nashville, TN, February 2014.
Bernard of Clairveax, Stages of Love, Nurture conference, Lipscomb University, Nashville, TN, February 2013.

Contemplative prayer

Prayer Room, directed room with stations of prayer for CAFO (Christian Alliance for Orphans), May 2017
The Contemplative Family, Contemplative Ministers Initiative, Dallas, TX, February 2018
Breathe, Franklin Christian Church half-day contemplative workshop, Franklin, TN January 2018
Christian Mysticism, Otter Creek Church of Christ young adults class, Nashville, TN April 2016
Breathe, Women's weekend retreat, Meadowbrook Church of Christ, Jackson, MS, February 2016.
Pause, weekend series, Highland Church of Christ, Memphis, TN, February 2016.
The Prayers of Jesus, 8-week class, Harpeth Hills Church of Christ, Nashville, TN, June-August 2015.
Contemplative prayer, Brentwood Baptist Church Prayer Ministry, Nashville, TN, April 29, 2015.
Prayer Workshop, Tintern Church of Christ, Vineland, Ontario, June 13-14, 2015.
Spirituality of Death invited panelist, Christian Scholars Conference, Lipscomb University, Nashville, TN June 2014.
Spiritual Formation Track co-director, Christian Scholars Conference, Lipscomb University, Nashville, TN June 2014.
Be still and know that I am God – Women of Hope conference, Nashville, TN, February 2014.
Contemplative prayer – Otter Creek Church of Christ young adults class, Nashville, TN 2013
Contemplative prayer, First Presbyterian Bible class, Nashville, TN 2013
Breathe, Bi-weekly chapel, Lipscomb University, Nashville, TN, 2012-2014.

Leadership training

Fellowship of Twelve, Church Leadership Development Cohort Program, Nashville, TN, 2018 to 2020.
Racial Unity Leadership Symposium – St. Columba Retreat Center, Memphis, TN, December 9-10, 2016.
Mission Team Leader training in spiritual formation – Lipscomb Student Missions Training,

Lipscomb University, Nashville, TN, January 2014.

Ministerial support

Ministerial Support, Central European Faith Talks Series, Virtual, December 4-5, 2020.

Examen, Otter Creek Church of Christ staff, Nashville, TN January, 2020

Ministerial support – ACU Summit, Abilene, TX September 2017.

Staff retreat, Otter Creek Church of Christ, Deer Run Retreat Center, Nashville, TN, January 2014.

Self care for Clergy – Guest speaker on *Intentional Living*, June 2013 www.theintentionallife.com

Multi-faith conversation

A Christian's response to the Muslim faith

Panel Respondent for Family of Abraham guest speaker, Nashville, TN 2013

Praying the Hours

The Daily Hours, Hope Works, Non-profit, July 2020

The Daily Offices, National Urban Ministries Conference (Leadership of prayer times throughout conference), Abilene, TX February 2018

Spiritual formation

Enneagram, Vine Street Christian Church, February 2020.

Spiritual Formation in the Lenten Journey, Toccoa Falls College, Toccoa Falls, GA 2018

Emulating Jesus: Living Lives of Sabbath, Summer Celebration, Lipscomb, Nashville, TN, 2016.

Camino de Santiago pilgrimage panel, Christian Scholars Conference, Lipscomb, Nashville, TN, 2016.

Enneagram, Otter Creek Church of Christ young adults class, Nashville, TN March 2016

Spiritual formation track leader, Christian Scholars Conference, Lipscomb University, Nashville, TN, 2013 to 2016.

Transformation through Scripture – 8-week adult class, Harpeth Hills Church of Christ, Nashville, TN, 2015.

Living with God at the center, 8-week class, Harpeth Hills Church of Christ, September-November, 2014.

Celebration of Disciplines, 6-week class, Vine Street Christian Church (Disciples of Christ), Nashville, TN, 2014.

Spiritual disciplines, Titus 2 women's group, Panel for women from Otter Creek Church of Christ, Nashville, TN 2014.

Spiritual formation of college students, Panel for Church of Christ Student Development Officers, Lipscomb University, Nashville, TN 2013

The heart of Jesus, Communion thoughts, Otter Creek Family of God, Nashville, TN 2013

Spiritual self-care, Interview, Red Backpack radio show, Nashville, TN 2013

Moving from Solitude to Community to Ministry, Tuesdays in the Chapel, Scarritt Bennett Retreat Center, Nashville, TN 2013

Discernment – Spiritual Friends Networking Lunch, Nashville, TN 2013

Textual

"Wait, that's in the New Testament? Finding hope in the smallest epistles" - *I John* – Otter Creek Young Adult class, Nashville, TN July 2019.

The minor prophets – Otter Creek Church of Christ Fall class series, co-taught, Nashville, TN, Fall 2014.

Spiritual Retreat leadership

God Sees Me: Latin American Women's Renewal, Virtual Retreat, Great Cities Missions, Dallas, TX October 5-8, 2020

Breathe – East Africa Women’s Retreat, Rondo Retreat Centre, Kakamega Rainforest, Kenya, Africa, April 8-12, 2019

StrengthsFinder and Ministry, Weekend retreat for Tullahoma Church of Christ, Centerville Lake, TN October 2017

Individual Grief silent retreat, leadership of week-long silent retreat, Nashville, TN, 2018

Church staff retreat, Anchor Church, Nashville, TN, 2017

Nurture Silent retreat, Panama City Church of Christ, Panama City Beach, FL, 2016.

Breathe - Adult silent retreat, Otter Creek Family of God, St. Mary’s Sewanee, 2016, 2017, 2018, 2019.

Adult silent retreat, Otter Creek Family of God, Penuel Ridge Retreat Center, 2015.

Tranquil, Heartlands Church Ladies’ Retreat, Lincoln, Nebraska, 2015

Be still and know, Calgary Church Ladies’ Retreat, Calgary, Alberta, 2015

Be still and know that I am God – Bramalea Church of Christ, Toronto, Ontario, 2014.

DMin Writing retreat, DMin in Missional and Spiritual Formation, Sisters of Mercy Convent, Nashville, TN, 2014.

Be still and know that I am God – Lafayette Church of Christ retreat, St. Louis, MO, 2014.

Guided silent retreat for ICS program graduates – Scarritt Bennett Center, Nashville, TN, 2014.

Personal spiritual formation – Schrader Lane Church of Christ Young Adults Ministry, Andrews Leadership Center, Nashville, TN, 2013

Ignatian Spiritual Exercises retreat – Director of individual 30-day retreat, Nashville, TN, 2013.

Spiritual formation retreat – Riverside Christian Academy pre-session retreat for faculty and staff, Henry Horton State Park, TN, 2013.

Be still and know that I am God – Ladies’ retreat, Tempe Church of Christ, Tempe, AZ 2013

Breathe retreat – Lipscomb University Faculty, Staff, and Board of Trustees members, 2013.

ICS Guided silent retreat – Bi-annual retreat, Nashville, TN, 2012, 2013

Direction of extension training programs (long-term)

Art as Worship

Art as Worship – Eight-month program, Institute for Christian Spirituality, Lipscomb University, Nashville, TN, 2013 to 2014.

Fellowship of Twelve

Church Leadership Training – Co-leader of Year-long leadership development, Vine Street Christian Church, Nashville, TN 2017-2018, 2018-2019, 2019-2020.

Spiritual direction

Spiritual Direction Program – One-year program in spiritual direction, Selah Center for Spiritual Formation, Nashville, TN, 2015 to present.

Spiritual Direction Program – One-year program in spiritual direction, Scarritt Bennett Center, Nashville, TN, 2014 to 2015.

Spiritual Direction Program – One-year program in spiritual direction, Institute for Christian Spirituality, Lipscomb University, Nashville, TN, 2010 to 2014.

Spiritual Direction Program – One-year program in spiritual direction, Zoe Group, Nashville, TN, 2006 to 2014.

Spiritual formation

Certificate in Christian Spirituality – Graduate year-long program, Institute for Christian Spirituality, Lipscomb University, Nashville, TN, 2014.

Spiritual Deepening for Ministry Couples – Eight-month program, Institute for Christian Spirituality, Lipscomb University, Nashville, TN, 2013 to 2014.

Clinical Experience

Specialization with clergy families	<p>Focused population of therapy Nashville, TN 2010 to present Abilene, TX 2000 to 2010</p>
Supervision of supervision	<p>Halstead & Associates, PC, Nashville, TN Brooke Lamb – February 2019 to present Lezlie Owsley - May 2013 to November 2015</p> <p>Marriage and Family Institute, ACU Deon Botha – May 2007 to 2010 Cara Flanders – 2006 to 2008</p>
Approved Supervisor	<p>Halstead & Associates, PC Nashville, TN – August 2010 to present Marriage and Family Institute, ACU Abilene, Texas - May 2002 to 2010</p>
Clinic Director	<p>Marriage and Family Institute, ACU Abilene, Texas - 2001 – 2002, 2005 to 2007</p>
Marriage and Family Therapist	<p>Halstead and Associates, P.C., president Nashville, Tennessee – 2010 to present Abilene, Texas – 2000 to 2010</p> <p>Christian Counseling Center of Abilene, owner Abilene, Texas – 2005 to 2010</p> <p>Highland Counseling Center, director Abilene, Texas – 2000 to 2010</p>
Consultation	<p>HopeWorks, Inc., Spirituality Retreat (Praying the Hours), Memphis, TN – July 2019.</p> <p>HopeWorks, Inc., Team Building and Conflict Resolution, 2 day retreat, Memphis, TN – December 2016</p> <p>Highland Church of Christ Clergy Support Retreat, 2-day spiritual retreat, Memphis, TN – August 9-10, 2016.</p> <p>Amy Harkness clearness committee, 2nd Presbyterian Church, Nashville, TN – September 2014.</p>

AAMFT (American Association for Marriage and Family Therapy) Task Force on the future organizational structure of AAMFT, Washington, DC, August 2014

Missionary Care Summit (Think Tank), Mission Resource Network, Dallas, TX – May 2014.

Task Force, Future programming, St. Mary's Sewanee Retreat Center, Nashville, TN – December 2013

Research

EdD Dissertation Chair, Abilene Christian University, On-line, Dallas, TX

- Investigating the ministry preparedness gap in the Southern Baptist Convention - 2020 to present
 - Bart Morrison
- Online Mental Health Interventions - 2020 to present
 - LeAndrian Wright
- Compassion Fatigue in Nursing - 2020 to present
 - Katie Clark
- Mutually Transformative Mentoring – 2019 to present.
 - Alessandra Hansen
- Removing Barriers that Impact Homelessness Among African American Veterans
 - Jeff Redmond – 2019 to present.
- Original Free Will Baptist Compassion Fatigue, Burnout, and Role Stress
 - Dustin Bannister – 2019 to 2020

DMin Dissertation Chair, Lipscomb University

- The Master of Science in Organizational Development at Pepperdine University: Human development practices within community as spiritual formation – 2016 to 2018.
 - Kent Rhodes
- Ascending and Descending: A small group approach for teaching the inseparability of spiritual formation and missional practice – 2016 to 2018.
 - Dan McKnight
- A Spiritual Direction theology in the Local Church – 2016-2018
 - Lance Bolay
- The Daily Office: Providing a Rhythm of Prayer for the Students at the Christian Student Center at Purdue University – 2015-2017.
 - Deron Freudenthal
- Seeking a Deeper Relationship with God Through Personal and Communal Practice of Lectio Divina in the Church of Christ Faith Tradition – 2013-2015.
 - Michael Cagle
- The response of the church to marginalized youth – 2012 to 2014.
 - Katherine Watkins

Department of Marriage and Family Therapy, Ghana trip

- Faculty sponsor for trip for purpose of research with trafficked children, Ghana – May 2014
- Taught classes, supervised research, served as trip chaplain

Center for Spiritual Research

- Launching of Center under umbrella of Institute for Christian Spirituality – January 2014
- Marketing of LSAMP for measurement of spirituality – universities and churches

Doctoral Dissertation Research, Department of Human Development and Family Studies, Iowa State University - 2000

- Qualitative study conducted through focus groups and ethnographic interviews with ministers in the Church of Christ

Publications

Scholarly Publications

Halstead, J.L. (2021). *Leaning into God's embrace: A guidebook for contemplative prayer*. Abilene, TX: Leafwood.

Halstead, J.L. (2014). Encounter with God: A theological reflection on missionary care. *Missio Dei*, Fall 2015.

Halstead, J.L., guest editor. Spiritual Formation, *Leaven: A journal of Christian Ministry*, Spring 2014.

Halstead, J.L. (2013). Pastoral Implications, Proper 13, 14, 15, and 16. *Lectionary Homilectics*, August.

Service Publications

Guest writer, *The Messenger*, Mission Resource Network

- Struggles, Our Teacher, November 2016

Feature writer, *The Inner Life*, Regular article for bi-monthly magazine, 21st Century Christian, 2013 to 2018.

- Image of God, November 2018
- Solitude, September 2018
- Lord, Teach Us to Pray, July 2018
- Creation Speaks, May 2018
- Presence of God, March 2018
- Vigilance and Surrender, January 2018
- A Level of Comfort, November 2017
- Simplicity, September 2017
- A Problem-Saturated Lens, July 2017
- Doubt, May 2017
- Hope that Doesn't Make Sense, March 2017
- Beauty of the Weeds, January 2017
- Fearfully and Wonderfully Made, November 2016
- Integration, September 2016
- Resolutions, July 2016
- Loveliness of Winter, May 2016
- Megas Peace for Megas Storms, March 2016
- Visiting the Prisoner, January 2016

- Fear, November 2015
- Gratitude, September 2015
- A People of Profound Love, July 2015
- Transitions, May 2015
- Keeping our eyes on the Shepherd, March 2015
- Community, January 2015
- Confession, November 2014
- Inner riches in the midst of outer turmoil, September 2014
- The courage of Mary, July 2014
- Ghana, May 2014
- Scripture, March 2014
- Waiting on God, January 2014.
- Struggles, my teacher, November 2013.
- Discernment, September 2013.
- Competing stories, July 2013.
- Beginning with solitude, May 2013.

University committees

ACU Dallas

Task Force - Shared Governance - 2019 to present

Task Force - Online Writing Center Quality and Improvement, Chair - 2019 to present

Professional Learning Communities (PLC), MFTO Chair - 2019 to present

Student Advisory Council, Chair - 2019 to 2020

Curriculum Review Committee, Chair – 2019 to present

Academic Standards Committee – 2019 to present

Capstone committees – 2018 to present

Curriculum Revision – 2018 to present

Faculty Spotlight Coordinator – 2018

Curriculum Review Committee – 2018 to present

Faculty Interview Committee – 2017

Lipscomb University

CORE Competency Assessment Team – 2013 to 2014.

Center for Transform-aging Intentional Older Adult Ministry Committee – 2013 to 2014.

Board of Trustees Spiritual Life Committee – 2013 to 2014.

BIT – Behavioral Intervention Team – 2012 to 2014.

Faculty Mentoring – 2012, 2013

DMin Leadership committee, 2011 to 2014.

Faculty senate council, 2011-2013

College of Bible Leadership Team, 2011 to 2014.

Professional Development

Masters of Divinity	Graduate School of Theology, Abilene Christian University, Abilene, TX, 2016-2020.
Enneagram Leadership Cohort	Monthly training for Non-profit CEO's Day-7, 2020
Internal Family Systems (IFS)	Online Intensive training, 2020.
Telehealth: Legal and Ethical Issues	Training with Simple Practice, On-line, 2020.
EFT/Created For Connection Externship	Four-day intensive training, ICEEFT (International Centre for Excellence in Emotionally Focused Therapy), Louisville, KY, 2019.
Enneagram/Spiritual Disciplines Boot Camp	Five-day intensive training, Trinity Ministries, Dallas, TX, 2016.
Conspire 2016 Conference	Richard Rohr Conference on Racial Justice, Albuquerque, NM, July 15-17, 2016.
Enneagram Conference	"Loving God, Loving Self, Loving Others," Otter Creek Church, Nashville, TN, February 2016.
Center for Nonprofit Management	CEO Monthly Breakfast Series, 2016 to present "Managing a Non-Profit," Nashville, TN, May 2016. "CEO Conversations, Strategic Plans," Nashville, TN, February 2016. "Business Planning Process for Non-Profits," Nashville, TN, February 2016.

Grant writing workshop for religious organization, Nashville, TN, August 2014.

EMDR (Eye Movement Desensitization Reprocessing Therapy)

Basic Training Memphis, TN, August 2015 to 2016.

Contemplative Outreach of Tennessee Day conference, Nashville, TN, August 2015

Masters in Christian Spirituality Creighton University, Omaha, NE, 2013.

Competency Outcome Assessment Professional Studies College, Lipscomb University, Nashville, TN, 2013.

Women in Ministry retreat Come Before Winter organization, Keat's Island, BC, Canada, 2013

Enneagram St. Mary's Sewanee retreat center, Sewanee, TN, 2013

Spiritual Guidance Program Twenty-four-month training program in spiritual guidance
Shalem Institute for Spiritual Formation
Bethesda, Maryland, April 2007-2008.

Leading Contemplative Prayer Groups and Retreats, Fifteen-month training program (received five graduate hours of credit through Union Theological Seminary)
Shalem Institute for Spiritual Formation
Bethesda, Maryland, January 2006-May 2007

Spiritual retreats Healing Retreat with Matt Linn, SJ, Holy Family Catholic Church, Nashville, TN 2019

Shalem Institute for Spiritual Formation Annual Gathering, Bethesda, MD, October 2010, 2011, 2014.

Discernment, Matt Linn, SH, Knoxville, TN, September 2014.

Healing Retreat with Matt Linn, SJ, Ignatius House, Atlanta, GA, March 2014.

Healing yourself is healing the world, Retreat with Thich Nhat Hanh, Magnolia Grove Monastery, Batesville, MS, November 2013.

Eight-day Ignatian Spiritual Exercises retreat, Spring Hill College, Mobile, AL, May 2011, 2012, 2013, 2014, 2015, 2016, 2018, 2019.

Professional Conferences Christian Association of Psychological Studies, Track leader and presenter, Atlanta, GA – 2014.

Christian Association of Psychological Studies, Plenary speaker,
Denver, CO – 2015.

American Association for Marriage and Family Therapy
Tennessee Association for Marriage and Family Therapy
State Conferences,
Nashville, Tennessee - 2017
Leadership Symposium
Seattle, Washington - 2018
Arlington, Virginia - 2017
Santa Fe, New Mexico - 2016
National Conferences,
Austin, Texas - 2019
Louisville, Kentucky - 2018
Atlanta, Georgia - 2017
Indianapolis, Indiana - 2016

Community Service

Day 7, Care of Clergy and Non-profit Leaders, Provider (Therapy and Spiritual Direction)
Nashville, TN - 2019 to present

Think Tank Tennessee Association for MFT
Nashville, TN - March 2019 to present

Penuel Ridge Retreat Center Board President, 2021-2022.
Board of Directors, Nashville, TN, 2019 to 2020

Fellowship of Twelve Year-long leadership training, Co-facilitator, Vine Street Christian
Church, 2017 to present

AAMFT Leadership Certificate Mentor
2017 to present

MFT Advisory Board Marriage and Family Therapy Program, Lipscomb University
Nashville, TN 2016 to present

Vine Street Christian Church Vision Team, Strategic Planning Committee, Member
Nashville, TN 2015 to 2016.

Vine Street Christian Church Adult Ed Committee, Member
Nashville, TN, 2015 to 2017.

Older Adult Ministries Network Member, Committee of ministers to older adults
Nashville, TN, 2012 to 2018

Spiritual Friends Networking Leadership Group Member, Group of spiritual directors, counselors, etc.
Glendale United Methodist Church, Nashville, TN, 2010 to 2014
Scarritt Bennett Center, Nashville, TN, 2015

LifeWorks of Nashville, Inc. Board member, Charter board, 2011 to 2015.
Nashville, TN

Spiritual direction Spiritual direction for Nashville community
Specializing in clergy and their families
Nashville, TN 2010 to present

Honors/Awards

Alpha Alpha Charter Member Delta Kappa, MFT Honor Fraternity
Lipscomb University 2018

Professional Memberships

American Association for Marriage and Family Therapy
Board Member – 2016 to 2018.
Clinical Member – 1987 to present

Christian Association for Psychological Studies – 2014 to present

Tennessee Association for Marriage and Family Therapy
Clinical member – 2010 to present

Shalem Institute Society – 2006 to present

Lay Cistercian of Gethsemani Abbey

Professional Licensure

Licensed Marriage and Family Therapist in state of Tennessee, #0000000909