

# **JACKIE L. HALSTEAD**

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[www.selahspiritual.com](http://www.selahspiritual.com)

## **Summary of Qualifications**

- Associate Professor, Department of Marriage and Family Therapy, ACU-Online, Dallas, TX, March 2017 to present.
- Chief Executive Officer, Selah Center for Spiritual Formation, March 2015 to present.
- President, Halstead and Associates, PC, 2000-present
- Board member, American Association for Marriage and Family Therapy (national professional association for MFTs), Washington, DC, 2016-2018.
- Director, Selah Spiritual Direction Certificate Program, Nashville, TN, 2005 to present.
- Adjunct Professor, Department of Marriage and Family Therapy, Lipscomb University, March 2015 to present.
- Doctor of Philosophy in Human Development and Family Studies with a specialization in Marriage and Family Therapy, Iowa State University, 2000
- Chair, department of Marriage and Family Therapy, Abilene Christian University, Abilene TX, 2005-2010
- Tenure, ACU, received December 2006
- Research interests in
  - Spiritual formation
  - Measurement of spirituality
  - The dynamics of women faculty in faith-based institutions of higher learning
  - Clergy relational issues with their families and churches
- President, Texas Association for Marriage and Family Therapy, 2010-2011
- Licensed Marriage and Family Therapist, Tennessee, specializing in clergy and their families
- Approved Supervisor with American Association for Marriage and Family Therapy
- Professional speaker, national and international – primary topics - spiritual formation, contemplative prayer, and relationship issues
- Human Systems Analyst, Consultant, 1987 to present.

### Academic Degrees

**Masters of Divinity** – Graduate School of Theology, Abilene Christian University, Abilene, TX – 2015 to present (in process).

**Doctor of Philosophy** - Human Development and Family Studies with Specialization in Marriage and Family Therapy (COAMFTE Approved) Iowa State University, Ames, Iowa - 2000

Dissertation topic: Ministers perception of support received from their congregation: A qualitative study.

**Masters in Marriage and Family Therapy** - Marriage and Family Program (COAMFTE Accreditation) Abilene Christian University, Abilene, Texas - 1987

**Bachelor of Science** - Psychology, with a minor in Business Administration, Oklahoma Christian College, Oklahoma City, Oklahoma - 1985

**Associate of Arts** - Business, York College, York, Nebraska - 1981

### Non-Profit Leadership

**CEO** Selah Center for Spiritual Formation, Nashville, TN 2015 to present  
501(c)3 Status granted September 2015

### Academic Appointment/Teaching Experience

**Associate Professor** Abilene Christian University on-line, Dallas, TX 2017 to present  
Department of Marriage and Family Therapy  
Internship I-VIII  
Family Therapy II  
Professional Ethics and the Law  
Cultural Diversity  
Couples Therapy  
Pre-Internship  
Therapy Across the Life Cycle

**Adjunct Professor** Abilene Christian University on-line, Dallas, TX 2016  
Department of Marriage and Family Therapy  
Professional Ethics and the Law – Lead Teacher

Lipscomb University, Nashville, TN 2014 to present  
Department of Marriage and Family Therapy  
Introduction to Counseling Skills  
Family Therapy II  
Therapy Across the Life Cycle

Supervision IV  
Spirituality in MFT  
Cultural Diversity  
Hazelip School of Theology, 2014 to present  
Spiritual Formation  
Counseling for Church Leaders  
DMin in Missional and Spiritual Formation, 2014 to 2015  
Spiritual Companionship

**Associate Professor**

Lipscomb University, Nashville, TN 2010 to 2014  
College of Bible and Ministry  
Undergraduate  
Faith and Culture, LIFE course (TN Prison for Women)  
Disciplines for Christian Living (TN Prison for Women)  
Faith and Culture  
Disciplines for Christian Living  
Graduate, Masters  
Theory and Practice of Prayer  
Foundations of Spiritual Direction  
Spiritual Formation of Spiritual Directors  
Spiritual Direction Internship  
Incarnational Living  
Counseling for Church Leaders  
Spiritual Formation and Guidance  
Personhood, Ministry, and Discipleship  
Graduate, Doctoral  
Acquiring skills for effective ministry research  
Spiritual Companionship  
Spiritual Formation Retreat  
Institute for Conflict Management (Graduate, Masters)  
Conflict in Family Settings, on-line

**Department Chair**

Department of Marriage and Family Therapy  
Abilene Christian University, Abilene, TX 2005 to 2010

**Associate Professor**

Department of Marriage and Family Therapy  
Abilene Christian University, Abilene, TX 2006 to 2010  
Addictive Disorders  
Family Therapy I  
Integration of Psychology and Theology  
Family Therapy II  
Family Life Cycle  
Professional Ethics and the Law  
Cultural Diversity  
Internship II, III, and IV

**Assistant Professor** Department of Marriage and Family Therapy  
Abilene Christian University, Abilene, TX 1998 to 2006  
Family Therapy II  
Internship I  
Therapy across the Life Cycle  
Pre-Internship  
Professional Ethics and the Law  
Gender & Ethnicity

## Seminars/Speaking engagements

2010-present

### Training of professionals

#### Scholarly presentations

##### Spirituality

- Teaching spiritual disciplines to children*, guest speaker, Ministering to Children course, Lipscomb University, Nashville, TN, February 2016.
- Spiritual direction versus spiritually-focused therapy*, guest speaker, Integration of Psychology and Theology course, Abilene Christian University, Abilene, TX (via skype), May 21, 2015
- Contemplative prayer as self-care*, Invited plenary speaker, Christian Association for Psychological Studies, International (CAPS), Denver, CO, April 2015
- Contemplative Prayer track*, Christian Association for Psychological Studies (CAPS) International, Atlanta, GA, April 2014.
- Measurement of spirituality* – Leader of Generative session, Christian Scholars Conference, Lipscomb University, Nashville, TN, June 2012
- Measurement of Spirituality*, Generative session, Christian Scholars Conference, Pepperdine, Malibu, CA, 2011, Lipscomb University, Nashville, TN 2012, 2013

##### Narrative Therapy

- Fundamentals of Narrative Therapy* – Caring Connection Conference, Lipscomb University, Nashville, TN, May 2012
- Narrative therapy* – Counseling theory, guest speaker, Lipscomb University, Nashville, TN, April 2012
- Narrative therapy* – Tennessee Association for Marriage and Family Therapy, Nashville, TN, September 2010

##### Self-care

- Sustenance for the journey: Care for church leader couples*, enVision Church Leaders pre-conference, Summer Celebration, Lipscomb University, Nashville, TN, July 2014.
- Staff partnership health in large churches*, invited panelist, Christian Scholars Conference, Lipscomb University, Nashville, TN June 2014.
- Spiritual Care for the Caregiver* – Tennessee Pastoral Care Association, TN Hospital Association Annual Conference, Nashville, TN, October 2012.
- Spiritual care for the caregiver* – Caring Connection Conference, Lipscomb University, Nashville, TN, May 2012

##### Others

- Reflecting Team training* – Department of Marriage and Family Therapy, Lipscomb University, Nashville, TN 2014.
- Prepare/Enrich facilitator training* – Nashville, TN 2013, 2014, 2015, 2107.

*Adolescent sexual acting out (response to Theatre production)* – Panel participant, Christian Scholars Conference, Lipscomb University, Nashville, TN, June 2012.

*Mediating family conflict* – Annual conference, Institute for Conflict Management, Lipscomb University, Nashville, TN, September 2012

*Plenary panel on Grief* – Religious Scholars Association, Belmont University, Nashville, TN May 2012

### **Service presentations (applied scholarship)**

#### Non-profits

*How to start a non-profit*, Spiritual Friends Network, Nashville, TN, September 2015.

#### Diversity

*Life Together*, Racial Unity Leadership Symposium leadership preparation, Dallas, TX, February 2019.

*Cost of Discipleship for White Christians*, Racial Unity Leadership Symposium (RULS), Jackson, MS, November 2018.

*Racial reconciliation retreat*, led retreat for leaders of Black and White Churches of Christ for purposes of reconciliation – Lebh Shomea, Samarita, TX July 2014.

*Women leaders in faith based institutions of higher learning* – Conversations of Significance facilitator, Christian Scholars Conference, Lipscomb University, Nashville, TN, 2013, 2014.

*Women in theological studies* – Moderator and facilitator of panel, Christian Scholars Conference, Lipscomb University, Nashville, TN, June 2012.

*Women in faculty and administrative positions* - Moderator and facilitator of panel, Christian Scholars Conference, Lipscomb University, Nashville, TN, June 2012.

*Pray the devil back to hell* – Moderator for panel on Muslim/Christian relations, Human Docs series, Lipscomb University, Nashville, TN September 2011.

*Valuing self, valuing others* – Women in Leadership conference, Lipscomb University, October 2010

#### Teaching/supervision

*Inviting faculty into deeper waters* – two-part session for administrators, National Association for Christian Educators, Lipscomb University, Nashville, TN, November 2011.

*Inviting students into the story of Jesus* – National Association for Christian Educators in-service, Lipscomb University, November 2011.

*The spiritual development of children* – National Association for Christian Educators, Lipscomb University, November 2010.

#### Writing

*DMin Writing retreat*, DMin in Missional and Spiritual Formation, Sisters of Mercy Convent, Nashville, TN, February 2014.

### **Mental Health topics**

#### Conflict resolution

*Conflict resolution in intentional community* – Scarritt Bennett Center, Nashville, TN, October 2014.

#### Differentiation

*Differentiation for ministers* – Contemplative Ministers Initiative, Dallas, TX, October 2018.

#### Emotional health

*Shame* – Panel for college women – Lipscomb University, Nashville, TN 2013

Parenting and children

*Spiritual Formation of children* – Woodmont Hills Family of God Bible Class, four-week series, Nashville, TN 2013

Pre-marriage/marriage

*Marriage retreat* – University Church of Christ, Denver, CO, February 2019.

*Marriage retreat for Clergy and Spouses* – Beckwith Episcopal Retreat Center, Mobile, AL, 2018

*Premarital workshop (Merge) – Spirituality of Marriage*, Otter Creek Church, 2014, 2015, 2016, 2017, 2018.

*Marriage Seminar* – New Life Family of God, Odessa, TX, May 29-June 1, 2015

*Marriage retreat* – Beckwith Episcopal Retreat Center, Mobile, AL 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017.

**Spiritual/Church Issues**

Church fathers and mothers

*Ignatian spirituality*, Spiritual Friends Network, Glendale United Methodist Church, Nashville, TN, December 2014.

*The Spiritual Exercises of St. Ignatius*, Summer Celebration, Lipscomb University, Nashville, TN, 2014.

*The Spiritual Exercises of St. Ignatius*, Annual Bible Lectures, Pepperdine University, Malibu, CA, 2014.

*The Spiritual Exercises of St. Ignatius*, Nurture, 2014, Lipscomb University, Nashville, TN, February 2014.

*Bernard of Clairveax, Stages of Love*, Summit, Abilene Christian University, Abilene, TX, September 2012, Nurture conference, Lipscomb University, Nashville, TN, February 2013.

*St. John of the Cross and the difference between the dark night of the soul and depression* (two-class series), Pepperdine Lectures, Pepperdine University, Malibu, CA, May 2012

*St. John of the Cross and the difference between the dark night of the soul and depression* (two-class series), Summit, Abilene Christian University, Abilene, TX September 2011.

*St. John of the Cross and the difference between the dark night of the soul and depression*. Nurture 2011, Lipscomb University, Nashville, TN, July 2011.

Contemplative prayer

*Prayer Room*, directed room with stations of prayer for CAFO (Christian Alliance for Orphans), May 2017

*The Contemplative Family*, Contemplative Ministers Initiative, Dallas, TX, February 2018

*Breathe*, Franklin Christian Church half-day contemplative workshop, Franklin, TN January 2018

*Christian Mysticism*, Otter Creek Church of Christ young adults class, Nashville, TN April 2016

*Breathe*, Women's weekend retreat, Meadowbrook Church of Christ, Jackson, MS, February 2016.

*Pause*, weekend series, Highland Church of Christ, Memphis, TN, February 2016.

*The Prayers of Jesus*, 8-week class, Harpeth Hills Church of Christ, Nashville, TN, June-August 2015.

*Contemplative prayer*, Brentwood Baptist Church Prayer Ministry, Nashville, TN, April 29, 2015.

*Prayer Workshop*, Tintern Church of Christ, Vineland, Ontario, June 13-14, 2015.

*Spirituality of Death invited panelist*, Christian Scholars Conference, Lipscomb University, Nashville, TN June 2014.

Spiritual Formation Track co-director, Christian Scholars Conference, Lipscomb University, Nashville, TN June 2014.

*Be still and know that I am God* – Women of Hope conference, Nashville, TN, February 2014.  
*Contemplative prayer* – Otter Creek Church of Christ young adults class, Nashville, TN 2013  
*Contemplative prayer*, First Presbyterian Bible class, Nashville, TN 2013  
*Breathe*, Bi-weekly chapel, Lipscomb University, Nashville, TN, 2012-2014.  
*Be still and know that I am God* – Lipscomb University Board of Trustees spouses, Lipscomb University, Nashville, TN, April 2012  
*From solitude to community to ministry* – ICS Nurture Annual conference, Lipscomb University, Nashville, TN, March 2012  
*Be still and know that I am God* – Cole Mill Road Church of Christ Women’s annual luncheon, Durham, NC, October 2011.  
*Be still and know that I am God* – Women for ACU banquet, Abilene, TX, September 2011.  
*Contemplative prayer*, Spiritual Friends Network, Nashville, TN, August 2011.  
*Contemplative prayer* - Bering Drive Church of Christ, Houston, TX, June 2011  
*A constant sense of presence* – Lipscomb Live event, Waco, TX, November 2010.  
*Contemplative prayer* – Vespers Service, Ottercreek Church of Christ, Nashville, TN, September 2010

Discernment

*Discernment* – Spiritual Friends Networking Lunch, Nashville, TN 2013

Disciplines for Christian Living

*Celebration of Disciplines*, 6-week class, Vine Street Christian Church (Disciples of Christ), Nashville, TN, September to November, 2014.  
*Urban spirituality: Teaching the disciplines to the poor* – Two class series, co-taught with Brady Bryce, Summer Celebration, Lipscomb University, Nashville, TN, July 2012.  
*Disciplines for Christian Living* – Week-long intensive course, Advanced Bible Study Series, Cologne, Germany, January 2011.

Humility

*Humility* – New England Women’s prayer retreat, Huntington, CT, October 2011.

Leadership training

*Racial Unity Leadership Symposium* – St. Columba Retreat Center, Memphis, TN, December 9-10, 2016.  
*Mission Team Leader training in spiritual formation* – Lipscomb Student Missions Training, Lipscomb University, Nashville, TN, January 2014.  
*From solitude to community to ministry* – enVision Church Leadership Day, Lipscomb University, Nashville, TN, June 2012.  
*Contemplative leadership track* – Symposium for spiritual formation and discipleship, Fairfax, VA, March 2012.  
*Leading God’s people into deeper waters*, Summer Celebration, enVision, Nashville, TN, June 2011.

Lenten Journey

Spiritual Formation in the Lenten Journey, Toccoa Falls College, Toccoa Falls, GA April 2018

Ministerial support

*Ministerial support* – ACU Summit, Abilene, TX September 2017.  
*Otter Creek Church of Christ staff retreat*, Deer Run Retreat Center, Nashville, TN, January 2014.  
*Self care for Clergy* – Guest speaker on *Intentional Living*, June 2013 [www.theintentionallife.com](http://www.theintentionallife.com)  
*Ministerial support* – Guest speaker for Introduction to Ministry course, Lipscomb University, Nashville, TN, November 2010.

Multi-faith conversation

*A Christian's response to the Muslim faith*

Panel Respondent for Family of Abraham guest speaker, Nashville, TN 2013

Praying the Hours

*The Daily Offices*, National Urban Ministries Conference (Leadership of prayer times throughout conference), Abilene, TX February 2018

Scripture

*Transformation through Scripture* – 8-week adult class, Harpeth Hills Church of Christ, Nashville, TN, September-December, 2015.

Spiritual direction

*Spiritual direction* – Zoe Leadership Conference, Nashville, TN, 2008, 2009, 2010

Spiritual formation

*Emulating Jesus: Living Lives of Sabbath*, Summer Celebration, Lipscomb, Nashville, TN, July 1, 2016.

*Camino de Santiago pilgrimage panel*, Christian Scholars Conference, Lipscomb, Nashville, TN, June 10, 2016.

*Enneagram*, Otter Creek Church of Christ young adults class, Nashville, TN March 2016

*Spiritual formation track leader*, Christian Scholars Conference, Lipscomb University, Nashville, TN, 2013 to 2016.

*Living with God at the center*, 8-week class, Harpeth Hills Church of Christ, September-November, 2014.

*Spiritual disciplines*, Titus 2 women's group, Panel for women from Otter Creek Church of Christ, Nashville, TN September 2014.

*Spiritual formation of college students*, Panel for Church of Christ Student Development Officers, Lipscomb University, Nashville, TN 2013

*The heart of Jesus*, Communion thoughts, Otter Creek Family of God, Nashville, TN 2013

*Spiritual self-care*, Interview, Red Backpack radio show, Nashville, TN 2013

*Moving from Solitude to Community to Ministry*, Tuesdays in the Chapel, Scarritt Bennett Retreat Center, Nashville, TN 2013

*Spiritual formation* – Harpeth Hills Church of Christ Adult Bible class, Nashville, TN, November 2012.

*Service as a spiritual discipline* – Lipscomb Academy sixth grade classes, Nashville, TN, September – 2012.

*Moving from the false self to the true self*, Fourth Avenue Church of Christ Bible class, Franklin, TN, July 2011.

*Engaging the younger generation*, panel, Lipscomb Live, Houston, TX, June 2011.

*Spiritual formation of adolescents*, panel, Lipscomb Live event, Raleigh, NC, November 2010.

*My vision for the Institute for Christian Spirituality*, Fundraising dinner, Longview Mansion, Nashville, TN, November 2010

*Examen* – Lipscomb Faculty Pre-session, Lipscomb University, Nashville, TN, August 2010

Textual

*The minor prophets* – Otter Creek Church of Christ Fall class series, co-taught, Nashville, TN, Fall 2014.

*Reading John for transformation* – Otter Creek Summer class series, co-taught, Nashville, TN, June – August, 2012.

Women's' role in the church

*Women's roles in the church*, Otter Creek Church of Christ elders meeting, Nashville, TN,



September 2011

*Women in Church of Christ Institutions of Higher Learning*, panel, Christian Scholars Conference, Pepperdine, Malibu, CA, June 2011.

### **Spiritual Retreat leadership**

*StrengthsFinder and Ministry*, Weekend retreat for Tullahoma Church of Christ, Centerville Lake, TN  
October 2017

*Individual Grief silent retreat*, leadership of week-long silent retreat, Nashville, TN March 2018

*Church staff retreat*, Anchor Church, Nashville, TN, April 2017

*Nurture Silent retreat*, Panama City Church of Christ, Panama City Beach, FL, October 28-30, 2016.

*Breathe - Adult silent retreat*, Otter Creek Family of God, St. Mary's Sewanee, May 27-30, 2016.

*Adult silent retreat*, Otter Creek Family of God, Penuel Ridge Retreat Center, November 20-22, 2015.

*Tranquil*, Heartlands Church Ladies' Retreat, Lincoln, Nebraska, November 13-14, 2015

*Be still and know*, Calgary Church Ladies' Retreat, Calgary, Alberta, June 6-8, 2015

*Young adult silent retreat*, Otter Creek Family of God, St. Mary's Sewanee Retreat Center, April 17-19, 2015.

*Be still and know that I am God* – Bramalea Church of Christ, Toronto, Ontario, August 2014.

*Be still and know that I am God* – Lafayette Church of Christ retreat, St. Louis, MO, March 2014.

*Guided silent retreat for ICS program graduates* – Scarritt Bennett Center, Nashville, TN, February 2014.

*Personal spiritual formation* – Schrader Lane Church of Christ Young Adults Ministry, Andrews Leadership Center, Nashville, TN, November 2013

*Ignatian Spiritual Exercises retreat* – Director of individual 30-day retreat, Nashville, TN, July 2013.

*Spiritual formation retreat* – Riverside Christian Academy pre-session retreat for faculty and staff, Henry Horton State Park, TN, July 2013.

*Be still and know that I am God* – Ladies' retreat, Tempe Church of Christ, Tempe, AZ 2013

*Breathe retreat* – Lipscomb University Faculty, Staff, and Board of Trustees members, 2013.

*Be still and know that I am God* – Stone-Campbell Dialogue pre-conference retreat, Grand Prairie, TX, November 2012.

*Breathe, Contemplative retreat* – Denver University Church, Denver, CO, September 2012.

*Be still and know that I am God* – Lebanon College Heights Church of Christ, St. Mary's Sewanee Retreat Center, Sewanee, TN, August 2012.

*ICS Guided silent retreat* – Bi-annual retreat, Nashville, TN, 2012, 2013

*Contemplative prayer* – Seminar for Mission Resource Network retreat for missionaries, Lipscomb University, Nashville, TN, June 2012.

*ICS Guided silent retreat* – Sisters of Mercy Retreat Center, Nashville, TN, May 2012.

*Ignatian Spiritual Exercises* – co-director with Marshall Craver, Oakhaven Retreat Center, Jonesboro, AR, April 2012

*Contemplative retreat* – Lipscomb University DMin students, Scarritt Bennett Retreat Center, Nashville, TN February 2012

*Guided silent retreat for students* – Scarritt Bennett Retreat Center, Nashville, TN, February 2012

*Contemplative prayer retreat* – Plainfield Christian Church women's retreat, Plainfield, IN, November 2011.

*Contemplative retreat* – Cole Mill Road Church of Christ church-wide retreat, Durham, NC, October 2011.

*Contemplative retreat*, Laity Lodge, Leakey, TX, September 2011.

*Contemplative retreat* – Day retreat, Miller home, Nashville, TN, September 2011.

*Contemplative retreat* - David Lipscomb Campus Schools retreat, Nashville, TN, July 2011.  
*Contemplative prayer* – Week-end retreat, Timothy Hills Camp, Massachusetts, October 2010  
*Be still and know that I am God* – Week-end retreat, College Station, TX, October 2010

**Direction of extension training programs (long-term)**

Art as Worship

*Art as Worship* – Eight-month program, Institute for Christian Spirituality, Lipscomb University, Nashville, TN, 2013 to 2014.

Fellowship of Twelve

Church Leadership Training – Co-leader of Year-long leadership development, Vine Street Christian Church, Nashville, TN 2017-2018, 2018-2019

Spiritual direction

*Spiritual Direction Program* – One-year program in spiritual direction, Selah Center for Spiritual Formation, Nashville, TN, 2015 to present.

*Spiritual Direction Program* – One-year program in spiritual direction, Scarritt Bennett Center, Nashville, TN, 2014 to 2015.

*Spiritual Direction Program* – One-year program in spiritual direction, Institute for Christian Spirituality, Lipscomb University, Nashville, TN, 2010 to 2014.

*Spiritual Direction Program* – One-year program in spiritual direction, Zoe Group, Nashville, TN, 2006 to 2014.

Spiritual formation

*Certificate in Christian Spirituality* – Graduate year-long program, Institute for Christian Spirituality, Lipscomb University, Nashville, TN, 2014.

*Spiritual Deepening for Ministry Couples* – Eight-month program, Institute for Christian Spirituality, Lipscomb University, Nashville, TN, 2013 to 2014.

*Growing Deeper Spiritually Program* – Fifteen-month program in spiritual formation, Zoe Group, 2006 to 2012.

**Clinical Experience**

**Specialization with clergy families**

Focused population of therapy  
Nashville, TN 2010 to present  
Abilene, TX 2000 to 2010

**Supervision of supervision**

Halstead & Associates, PC, Nashville, TN  
Brooke Lamb – February 2019 to present  
Lezlie Owsley - May 2013 to November 2015

Marriage and Family Institute, ACU  
Deon Botha – May 2007 to 2010  
Cara Flanders – 2006 to 2008

**Approved Supervisor**

Halstead & Associates, PC  
Nashville, TN – August 2010 to present  
Marriage and Family Institute, ACU  
Abilene, Texas - May 2002 to 2010

**Clinic Director**

Marriage and Family Institute, ACU  
Abilene, Texas - 2001 – 2002, 2005 to 2007

**Marriage and Family Therapist**

Halstead and Associates, P.C., president  
Nashville, Tennessee – 2010 to present  
Abilene, Texas – 2000 to 2010

Christian Counseling Center of Abilene, owner  
Abilene, Texas – 2005 to 2010

Highland Counseling Center, director  
Abilene, Texas – 2000 to 2010

**Consultation**

HopeWorks, Inc., Team Building and Conflict Resolution, 2 day retreat, Memphis, TN – December 2016

Highland Church of Christ Clergy Support Retreat, 2-day spiritual retreat, Memphis, TN – August 9-10, 2016.

Amy Harkness clearness committee, 2<sup>nd</sup> Presbyterian Church, Nashville, TN – September 2014.

AAMFT (American Association for Marriage and Family Therapy) Task Force on the future organizational structure of AAMFT, Washington, DC, August 2014

Missionary Care Summit (Think Tank), Mission Resource Network, Dallas, TX – May 2014.

Task Force, Future programming, St. Mary's Sewanee Retreat Center, Nashville, TN – December 2013

The future of Churches of Christ Think Tank, Dallas, TX, July 2012.

LifeWorks of Nashville student debriefing, LifeWorks, Nashville, TN, May 2012

Ecumenical Spiritual direction program creation, Wisdom House, Scarritt Bennett Retreat Center, Nashville, TN, May 2012.

## **Research**

**DMin Dissertation Chair, Lipscomb University**

- The Master of Science in Organizational Development at Pepperdine University: Human development practices within community as spiritual formation – 2016 to 2018.
  - Kent Rhodes
- Ascending and Descending: A small group approach for teaching the inseparability of spiritual formation and missional practice – 2016 to 2018.

- Dan McKnight
- A Spiritual Direction theology in the Local Church – 2016-2018
  - Lance Bolay
- The Daily Office: Providing a Rhythm of Prayer for the Students at the Christian Student Center at Purdue University – 2015-2017.
  - Deron Freudenthal
- Seeking a Deeper Relationship with God Through Personal and Communal Practice of Lectio Divina in the Church of Christ Faith Tradition – 2013-2015.
  - Michael Cagle
- The response of the church to marginalized youth – 2012 to 2014.
  - Katherine Watkins

**Department of Marriage and Family Therapy, Ghana trip**

- Faculty sponsor for trip for purpose of research with trafficked children, Ghana – May 2014
- Taught classes, supervised research, served as trip chaplain

**Center for Spiritual Research**

- Launching of Center under umbrella of Institute for Christian Spirituality – January 2014
- Marketing of LSAMP for measurement of spirituality – universities and churches

**Measurement of spirituality**

- Mixed methods – 2010 to 2012
- Co-researcher – Chris Gonzalez

**MA Thesis Committee, Lipscomb University**

- Current Interest in a Psychological and Christian Network of Soul Care (2011)
  - Adam Graham

**Emotional Intelligence as a predictor of successful training of Marriage and Family Therapy interns**

- Quantitative study – 2008 to 2010
- Co-researcher – Deon Botha

**Outcome-based focused learning with students of Marriage and Family Therapy**

- Quantitative study 2006 to present
- Co-researchers – Jeff Reese, University of Kentucky, Steve Rowlands, ACU
- Department-wide study with supervisors and interns

**Women faculty and issues of faith and learning**

- Qualitative study 2005
- Focus groups at five Church of Christ institutions
- Recipient of Cullen grant

**Intrinsic/extrinsic motivation factors in faculty of Church of Christ institutions of higher learning**

- Qualitative/quantitative web-based study – 2003
- Co-researcher – Don Drew (Oklahoma Christian University)

**Doctoral Dissertation Research**, Department of Human Development and Family Studies, Iowa State University - 2000

- Qualitative study conducted through focus groups and ethnographic interviews with ministers in the Church of Christ

## Publications

### Scholarly Publications

Halstead, J.L. (2014). Encounter with God: A theological reflection on missionary care. *Missio Dei*, Fall 2015.

Halstead, J.L., guest editor. Spiritual Formation, *Leaven: A Journal of Christian Ministry*, Spring 2014.

Halstead, J.L. (2013). Pastoral Implications, Proper 13, 14, 15, and 16. *Lectionary Homilectics*, August.

Halstead, J.L. (2012). Engaging the poor with Christian Disciplines. *Missio Dei*, 3.2, <http://missiodeijournal.com/md-3-2/120>.

Halstead, J.L. (2012). The spiritual formation of graduate students: Teaching in a faith-based school. *NCFR Report*, Winter.

Reese, R.J., Usher, E.L., Bowman, D.C., Norsworthy, L.A., Halstead, J.L., Rowlands, S.R., & Chisholm, R.R. (2009). Using client feedback in psychotherapy training: An analysis of its influence on supervision and counselor self-efficacy. *Training and Education in Professional Psychology*, 3, 157-168.

Halstead, J.L., & Loy, C. (2007). *The Academic Climate of Women Faculty in Faith-based Institutions of Higher Learning*. Forum on Public Policy: A Journal of the Oxford Round Table, Forum on Public Policy Online, Winter 2007 ed., <http://www.forumonpublicpolicy.com/archive07/halstead.pdf>.

Halstead, J.L. (2006). The Academic Climate of Women Faculty in Faith-based Institutions of Higher Learning, Paper presented at Oxford Round Table on Women's Rights, Oxford England.

Halstead, J.L. (2006). Ethical and Legal Issues in Marriage and Family Therapy. *Our Common Body of Knowledge: National Licensing Exam Study*, AAMFT, Austin, TX.

Halstead, J. L. (2004). Family Therapy, *Texas Study Manual for National Counselor Exam*. Abilene, TX: Institute for Personal Growth and Achievement, Inc.

Halstead, J. L. (2004). Professional orientation and ethics: Chapter supplement, *Texas Study Manual for National Counselor Exam*. Abilene, TX: Institute for Personal Growth and Achievement, Inc.

Halstead, J. L. (2004). Social, cultural, and family issues, *Texas Study Manual for National Counselor Exam*. Abilene, TX: Institute for Personal Growth and Achievement, Inc.

Halstead, J. L. (2003, July). *Church of Christ faculty: A family portrait, part II*. Paper presented at the Christian Scholars Conference, Lubbock, TX.

Halstead, J. L. (2000-2002). Quandaries: Ethics column, Regular column in *CONTACT*, Texas Association of Marriage and Family Therapy bi-monthly publication.

### **Service Publications**

Guest writer, *The Messenger*, Mission Resource Network

- Struggles, Our Teacher, November 2016

Feature writer, *The Inner Life*, Regular article for bi-monthly magazine, 21<sup>st</sup> Century Christian, 2013 to 2018.

- Image of God, November 2018
- Solitude, September 2018
- Lord, Teach Us to Pray, July 2018
- Creation Speaks, May 2018
- Presence of God, March 2018
- Vigilance and Surrender, January 2018
- A Level of Comfort, November 2017
- Simplicity, September 2017
- A Problem-Saturated Lens, July 2017
- Doubt, May 2017
- Hope that Doesn't Make Sense, March 2017
- Beauty of the Weeds, January 2017
- Fearfully and Wonderfully Made, November 2016
- Integration, September 2016
- Resolutions, July 2016
- Loveliness of Winter, May 2016
- Megas Peace for Megas Storms, March 2016
- Visiting the Prisoner, January 2016
- Fear, November 2015
- Gratitude, September 2015
- A People of Profound Love, July 2015
- Transitions, May 2015
- Keeping our eyes on the Shepherd, March 2015
- Community, January 2015
- Confession, November 2014
- Inner riches in the midst of outer turmoil, September 2014
- The courage of Mary, July 2014
- Ghana, May 2014
- Scripture, March 2014
- Waiting on God, January 2014.
- Struggles, my teacher, November 2013.
- Discernment, September 2013.

- Competing stories, July 2013.
- Beginning with solitude, May 2013.

Drew, D.V., & Halstead, J.L. (2003, September/October). Faculty motivation. *Christian Chronicle*, 60(10), 17-19.

Halstead, J.L. (2007). *Lightness in flight*. Response solicited for Shore Art Gallery display, "The Next Generation: Contemporary Expressions of Faith".

Halstead, J.L. (2006). Leaven – The Christian Response? (2006, May/June). *Wineskins*, [http://www.wineskins.org/filter.asp?co\\_key=1132](http://www.wineskins.org/filter.asp?co_key=1132).

Halstead, J.L. (2006, August). Teaching our children to pray gives them a connection to God. *Christian Chronicle*, 64(8), 32.

Halstead, J.L. (2005, July/August). When helping becomes cheating. *Church and Family*.

Halstead, J. L. (2003, July/August). A grateful heart: The process of Examen. *Wineskins*, 27-28.

Halstead, J. L. (2003, September/October). Leadership from 9 to 5, *Christian Women*, 19(5), 13-14.

## **University committees**

### **ACU Dallas**

**Academic Standards Committee – 2019 to present**

**Capstone committees – 2018 to present**

**Curriculum Revision – 2018 to present**

**Faculty Spotlight Coordinator – 2018**

**Curriculum Review Committee – 2018 to present**

**Faculty Interview Committee – 2017**

### **Lipscomb University**

**CORE Competency Assessment Team – 2013 to 2014.**

**Center for Transform-aging Intentional Older Adult Ministry Committee – 2013 to 2014.**

**Board of Trustees Spiritual Life Committee – 2013 to 2014.**

**BIT – Behavioral Intervention Team – 2012 to 2014.**

**Faculty Mentoring – 2012, 2013**

**DMin Leadership committee, 2011 to 2014.**

**Faculty senate council, 2011-2013**

**College of Bible Leadership Team, 2011 to 2014.**

**Delta Xi Social Club sponsor, 2010 to 2012**

**Christian Scholars Conference committee, October 2010 to 2011.**

**American Theological Society Accreditation Committee, September 2010.**

**Institute for Christian Spirituality Executive Committee, 2010 to 2012.**

**Women’s Conference Committee, 2010 to 2012.**

**CONNECT 2011, 2010-2011.**

**Abilene Christian University**

**Congregational Engagement Initiative, 2008 to 2010.**

**Faculty senate, 2001-2003; 2007-2010.**

**Women’s Initiative Taskforce, 2007.**

**Soul Care emphasis Taskforce, Departments of MFT and GST, 2006 to 2010.**

**Marriage and Family Institute redesign committee, 2006 to 2007.**

**Salary Benchmarking Taskforce, 2006 to 2008**

**Dean’s Leadership Team, 2005 to 2010**

**CBS Academic Council, 2005 to 2010**

**Academic Think tank, Adams Center, 2005-2006**

**Quality of life committee, 2004 to 2005**

**Center for Abundant Life/StillPointe, 2004 to 2010**

**Women faculty forum, 2004 to 2007**



**Graduate council**, 2004 to 2010.

**Unity and wellness committee**, subcommittee of faculty senate that addresses needs of faculty in these areas, 2001-2002, chairperson – 2003, 2008-2010.

## Professional Development

**Enneagram/Spiritual Disciplines Boot Camp** Five-day intensive training, Trinity Ministries, Dallas, TX, November 3-7, 2016.

**Conspire 2016 Conference** Richard Rohr Conference on Racial Justice, Albuquerque, NM, July 15-17, 2016.

**Enneagram Conference** “Loving God, Loving Self, Loving Others,” Otter Creek Church, Nashville, TN, February 2016.

**Center for Nonprofit Management** CEO Monthly Breakfast Series, 2016 to present  
“Managing a Non-Profit,” Nashville, TN, May 2016.  
“CEO Conversations, Strategic Plans,” Nashville, TN, February 2016.  
“Business Planning Process for Non-Profits,” Nashville, TN, February 2016.  
Grant writing workshop for religious organization, Nashville, TN, August 2014.

**Masters of Divinity** Graduate School of Theology, Abilene Christian University, Abilene, TX, 2015 to present.

**EMDR (Eye Movement Desensitization Reprocessing Therapy) Basic Training** Memphis, TN, August 2015 to 2016.

**Contemplative Outreach of Tennessee** Day conference, Nashville, TN, August 2015

**Masters in Christian Spirituality** Creighton University, Omaha, NE, 2013.

**Competency Outcome Assessment** Professional Studies College, Lipscomb University, Nashville, TN, 2013.

**Women in Ministry retreat** Come Before Winter organization, Keat’s Island, BC, Canada, 2013

**Enneagram** St. Mary’s Sewanee retreat center, Sewanee, TN, 2013

**Development training** Monthly development seminars, Lipscomb University, Nashville, TN, September, October, November 2012

<b>Ethics for mental health</b>	Dancing Moose Productions, Nashville, TN, November 2011.
<b>Legislative training</b>	Lobbying training and experience on Capitol Hill, Washington, DC, March 2010
<b>Division leadership training</b>	AAMFT leadership conference, Washington, DC, March 2010
<b>Spiritual Guidance Program</b>	Twenty-four month training program in spiritual guidance Shalem Institute for Spiritual Formation Bethesda, Maryland, April 2007-present
<b>Leading Contemplative Prayer Groups and Retreats</b>	Fifteen-month training program (received five graduate hours of credit through Union Theological Seminary) Shalem Institute for Spiritual Formation Bethesda, Maryland, January 2006-May 2007
<b>Spiritual retreats</b>	Shalem Institute for Spiritual Formation Annual Gathering, Bethesda, MD, October 2010, 2011, 2014.  Discernment, Matt Linn, SH, Knoxville, TN, September 2014.  Healing Retreat with Matt Linn, SJ, Ignatius House, Atlanta, GA, March 2014.  Healing yourself is healing the world, Retreat with Thich Nhat Hanh, Magnolia Grove Monastery, Batesville, MS, November 2013.  Healing Retreat with Matt Linn, SJ, Blessed Trinity Retreat Center, Ft. Mitchell, AL, August 2012.  Eight-day Ignatian Spiritual Exercises retreat, Spring Hill College, Mobile, AL, May 2011, 2012, 2013, 2014, 2015, 2016, 2018.  Come and See retreat, St. Mary's Sewanee Retreat Center, Sewanee, TN, March 2012  Shalem discernment retreat Baltimore, MD, December 2011.  Shalem Institute for Spiritual Formation Annual Gathering, Bethesda, MD, October 2010, 2011.  Individual spiritual retreat, Cenacle Retreat House, Houston, TX, April 2010

**Professional Conferences** Christian Association of Psychological Studies, Track leader and presenter, Atlanta, GA – 2014.

Christian Association of Psychological Studies, Plenary speaker, Denver, CO – 2015.

Society for Biblical Literature  
San Francisco, CA – 2011

American Association for Marriage and Family Therapy  
Tennessee Association for Marriage and Family Therapy  
State Conferences,  
Nashville, Tennessee - 2017

Leadership Symposium  
Seattle, Washington - 2018  
Arlington, Virginia - 2017  
Santa Fe, New Mexico - 2016

National Conferences,  
Louisville, Kentucky - 2018  
Atlanta, Georgia - 2017  
Indianapolis, Indiana - 2016  
Ft. Worth, Texas - 2011  
Atlanta, Georgia - 2010

Texas Association for Marriage and Family Therapy  
State Conferences,  
San Antonio – 2010 (Presenter)

### **Community Service**

**Fellowship of Twelve,** Year-long leadership training, Co-facilitator, Vine Street Christian Church, 2017 to present

**MFT Advisory Board,** Marriage and Family Therapy Program, Lipscomb University  
Nashville, TN 2016 to present

**Vine Street Christian Church Vision Team,** Strategic Planning Committee, Member  
Nashville, TN 2015 to 2016.

**Vine Street Christian Church Adult Ed Committee,** Member  
Nashville, TN, 2015 to 2017.

**Older Adult Ministries Network** Member, Committee of ministers to older adults  
Nashville, TN, 2012 to present

**Spiritual Friends Networking Leadership Group** Member, Group of spiritual directors, counselors, etc.  
Glendale United Methodist Church, Nashville, TN, 2010 to 2014  
Scarritt Bennett Center, Nashville, TN, 2015

**LifeWorks of Nashville, Inc.** Board member, Charter board, 2011 to 2015.  
Nashville, TN

**Spiritual direction** Spiritual direction for Nashville community  
Specializing in clergy and their families  
Nashville, TN 2010 to present

### **Honors/Awards**

**Alpha Alpha Charter Member** Delta Kappa, MFT Honor Fraternity  
Lipscomb University 2018

**W-Club 2009 award** *Role Model of the Year*  
Abilene Christian University  
Abilene, Texas, 2009

**Faculty Renewal Leave** *Sustenance for the Journey: The case for ministerial support*  
Abilene Christian University  
Abilene, Texas, Fall 2008 deferred to Spring 2010

**Wineskins Magazine** *Award of Excellence*  
Pepperdine Lectures  
Malibu, California, 2007

**Outstanding Faculty Member** College of Biblical Studies  
Abilene Christian University  
Abilene, Texas 2005

**Cullen Grant recipient** *The Question of Gender: Examining the Dynamics Unique to  
Female Faculty at Christian Universities*  
Abilene Christian University  
Abilene, Texas 2003

### **Professional Memberships**

American Association for Marriage and Family Therapy  
Board Member – 2016 to 2018.  
Clinical Member – 1987 to present

Christian Association for Psychological Studies – 2014 to present

Society for Biblical Literature – 2011 to 2012.

American Academy of Religion – 2012 to 2014.

Tennessee Association for Marriage and Family Therapy  
Clinical member – 2010 to present

Shalem Institute Society – 2006 to present

Lay Cistercian of Gethsemani Abbey

Texas Association for Marriage and Family Therapy  
President - 2010  
President-elect - 2009  
Liaison for Student Association for TAMFT – 2005 to 2008  
Member of executive committee – 2005 to 2008  
Board member – 2006 to 2008  
Board member – 2004 to 2006  
Board member – 2002 to 2004  
Chair of Ethics Committee - 2000-2001

### **Professional Licensure**

Licensed Marriage and Family Therapist in state of Tennessee, #0000000909