

Selah Spiritual Guidance Program Between residencies reading list

After you read each book, answer the following reflection questions:

1. What did you read in the book that resonated with your spiritual heart, with your lived experience of life in the Spirit, or that caused you to stop reading and pray?
2. What theme, concept, or idea did you read about in the book that felt like a growing edge to you, i.e., you wanted to know more about it, explore or ponder it more deeply, discuss it with your spiritual director, or pray more deeply about it?
3. What in the book will impact your ministry of spiritual direction? How so?
4. What, if anything, did you read in this book that was totally foreign to your personal experience of the Spirit, or that seemed to contradict what you believe about God, or have experienced in your life with God?

Read all...

Contemplative orientation

[We are asking you to read five short modern classics on the contemplative life--brief but deep. Read these five in the order given by end of **December**]

Hendra, T. (2005). *Father Joe: The man who saved my soul*. New York: Random House.

Nouwen, H. J. M. (2003). *The way of the heart*. Toronto: Ballantine Books.

Merton, T. (1971). *Contemplative prayer*. New York: Image Books.

Martin, L. (2006). *Into the silent land: A guide to the Christian practice of contemplation*. New York: Oxford University.

Phillippe, J. (2014). *Thirsting for Prayer*. New York: Scepter.

Spiritual Direction from other perspectives

[Next, we will introduce you to three particular traditions of spiritual direction--the Ignatian, Celtic, and Eastern Christianity. End of **March**]

Chryssavgis, J. (2000). *Soul mending: The art of spiritual direction*. Brookline, MA: Holy Cross Orthodox. [End of January]

Thibodeaux, M. E., & J. Martin (2010). *God's Voice Within: The Ignatian way to discover*

God's will. Chicago: Loyola. [End of February]

Simpson, R. (1999). *Soul friendship: Celtic insights into spiritual mentoring.* London: Hodder & Stoughton. [End of March]

Spiritual Development

Hagberg, J. (2004). *Critical Journey: Stages in The Life of Faith (2nd Edition).* Sheffield Pub Co

Classic underpinnings

[End of **April**]

May, G.G. (2005). *Dark night of the soul: A psychiatrist explores the connection between darkness and spiritual growth.* San Francisco: HarperCollins.

Recommended:

Kavanaugh, K. & O. Rodriguez (1991). *The collected works of St. John of the Cross.* Washington, DC: Institute of Carmelite Studies.