

**Spiritual Direction Program
Pre-residency reading list**

Required readings*

General

Read

Kelly, Thomas (1941). *Testament of Devotion*. San Francisco: Harper & Row.

Centering Prayer

Read one of the following

Bourgeault, Cynthia (2004). *Centering Prayer and Inner Awakening*. Lanham, MD: Cowley.

Keating, Thomas (1986). *Open Mind, Open Heart*. Warwick, NY: Amity House.

Pennington, Basil (1982). *Centering Prayer*. New York: Image (Doubleday).

Reading the following

Rohr, Richard (1999). *Everything Belongs: The Gift of Contemplative Prayer*. New York: Crossroads.

Disciplines and Methods

Read one of the following

Foster, Richard (1978). *Celebration of Discipline*. San Francisco: Harper & Row.

Jones, Tony (2005). *The Sacred Way: Spiritual practices for everyday life*. Grand Rapids, MI: Zondervan.

Thompson, Marjorie (1995). *Soul Feast*. Louisville, KY: Westminster-John Knox.

Ignatian Spirituality

Reading the following

Thibodeaux, M.E. (2001) *Armchair Mystic: Easing Into Contemplative Prayer*. Cincinnati, OH: St. Anthony Messenger.

Scripture

Read one of the following

Hall, Thelma (1988). *Too Deep for Words: Rediscovering Lectio Divina*. New York: Paulist.

Peterson, Eugene (2006). *Eat this book: A conversation in the art of spiritual reading*. Grand Rapids, MI: Eerdmans.

Spiritual Direction

Read all

Edwards, Tilden (2001). *Spiritual director, spiritual companion: Guide to tending the soul*. New York: Paulist Press.

Guenther, Margaret (1992). *Holy listening: The art of spiritual direction*. Boston, MA: Cowley Publications,

May, Gerald (1992). *Care of mind, care of spirit*. New York: Harper Collins.

*If you have read one of the assigned readings, substitute another on the list.