

# ***JACKIE L. HALSTEAD***

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## **Summary of Qualifications**

- President, Selah: Center for Spiritual Formation, March 2015 to present.
- CEO, Halstead and Associates, PC, 2000-present
- Director, Department of Education, Programs, and Connections, Scarritt Bennett Center, [www.scarrittbennett.org](http://www.scarrittbennett.org), Nashville, TN, March 2014 to March 2015.
- Adjunct Professor, Hazelip School of Theology, Lipscomb University, June 2014 to present.
- Director, Institute for Christian Spirituality, Lipscomb University, June 2012-May 2014.
- Associate Professor of Spiritual Formation, Lipscomb University, Nashville, TN, August 2010-June 2014.
- Associate Director/Director of Programming, Institute for Christian Spirituality, Lipscomb University, August 2010-June 2012
- Doctor of Philosophy in Human Development and Family Studies with a specialization in Marriage and Family Therapy
- Chair, department of Marriage and Family Therapy, Abilene Christian University, Abilene TX, 2005-2010
- Tenure, ACU, received December 2006
- Approved supervisor with American Association for Marriage and Family Therapy
- Research interests in
  - Spiritual formation
  - Measurement of spirituality
  - Emotional intelligence as a predictor of therapeutic training outcome
  - The dynamics of women faculty in faith-based institutions of higher learning
  - Qualitative methodologies with the relationship between clergy and their congregations in Christian churches
  - Intrinsic and extrinsic motivation factors of faculty at Christian colleges and universities
- President, Texas Association for Marriage and Family Therapy, 2010-2011
- Licensed Marriage and Family Therapist, Tennessee, specializing in clergy and their families
- Professional speaker, national and international – primary topics - spiritual formation, contemplative prayer, and relationship issues

## **Academic Degrees**

**Masters of Arts** – Masters in Christian Spirituality – Creighton University, Omaha, Nebraska – 2013 to present (in process).

**Doctor of Philosophy** - Human Development and Family Studies with Specialization in Marriage and Family Therapy (COAMFTE Approved) Iowa State University, Ames, Iowa - 2000

Dissertation topic: Ministers perception of support received from their congregation: A qualitative study.

**Masters in Marriage and Family Therapy** - Marriage and Family Program (COAMFTE Approved)  
Abilene Christian University, Abilene, Texas - 1987

**Bachelor of Science** - Psychology, with a minor in Business Administration, Oklahoma Christian  
College, Oklahoma City, Oklahoma - 1985

**Associate of Arts** - Business, York College, York, Nebraska - 1981

### **Academic Appointment/Teaching Experience**

- Adjunct Professor** Lipscomb University, Nashville, TN 2014 to present  
Department of Marriage and Family Therapy  
Cultural Diversity  
Hazelip School of Theology  
Spiritual Formation  
Counseling for Church Leaders  
DMin in Missional and Spiritual Formation,  
Spiritual Companionship
- Associate Professor** Lipscomb University, Nashville, TN 2010 to 2014  
College of Bible and Ministry  
Undergraduate  
Faith and Culture, LIFE course (TN Prison for Women)  
Faith and Culture  
Disciplines for Christian Living  
Graduate, Masters  
Theory and Practice of Prayer  
Incarnational Living  
Counseling for Church Leaders  
Spiritual Formation and Guidance  
Personhood, Ministry, and Discipleship  
Graduate, Doctoral  
Acquiring skills for effective ministry research  
Spiritual Companionship  
Spiritual Formation Retreat  
Institute for Conflict Management (Graduate, Masters)  
Conflict in Family Settings
- Department Chair** Department of Marriage and Family Therapy  
Abilene Christian University, Abilene, TX 2005 to 2010
- Associate Professor** Department of Marriage and Family Therapy  
Abilene Christian University, Abilene, TX 2006 to 2010  
Addictive Disorders  
Family Therapy I  
Integration of Psychology and Theology

Family Therapy II  
Family Life Cycle  
Professional Ethics and the Law  
Cultural Diversity  
Internship II, III, and IV

**Assistant Professor** Department of Marriage and Family Therapy  
Abilene Christian University, Abilene, TX 1998 to 2006  
Family Therapy II  
Internship I  
Therapy across the Life Cycle  
Pre-Internship  
Professional Ethics and the Law  
Gender & Ethnicity

### Seminars/Speaking engagements

#### Training of professionals

##### Scholarly presentations

##### Ethics

*National Licensing Exam training – Professional Ethics* – Annual conference of American Association for Marriage and Family Therapy (AAMFT), Austin, TX, 2006.

*Ethical decision-making* –

Workshop for professional counselors, Abilene Association for Marriage and Family Therapy—Abilene, 2006.

Abilene Association for Marriage and Family Therapy – Abilene, 2004;

*Ethics and logistics of initiating a church counseling practice* – American Association for Marriage and Family Therapy annual conference – Houston, 2005

##### Narrative Therapy

*Fundamentals of Narrative Therapy* – Caring Connection Conference, Lipscomb University, Nashville, TN, May 2012

*Narrative therapy* – Counseling theory, guest speaker, Lipscomb University, Nashville, TN, April 2012

*Narrative therapy* – Tennessee Association for Marriage and Family Therapy, Nashville, TN, September 2010

*The Narrative therapy paradigm in MFT training institutions* – TAMFT Plenary panel – Galveston, 2008.

*Narrative Therapy* – University Counseling Center, ACU, Abilene, TX 2006

##### Self care

*Sustenance for the journey: Care for church leader couples*, enVision Church Leaders pre-conference, Summer Celebration, Lipscomb University, Nashville, TN, July 2014.

*Staff partnership health in large churches, invited panelist*, Christian Scholars Conference, Lipscomb University, Nashville, TN June 2014.

*Spiritual Care for the Caregiver* – Tennessee Pastoral Care Association, TN Hospital Association Annual Conference, Nashville, TN, October 2012.

*Spiritual care for the caregiver* – Caring Connection Conference, Lipscomb University, Nashville, TN, May 2012

Others

- Contemplative Prayer track*, Christian Association for Psychological Studies (CAPS) International, Atlanta, GA, April 2014.
- Reflecting Team training* – Department of Marriage and Family Therapy, Lipscomb University, Nashville, TN 2014.
- Prepare/Enrich facilitator training* – Nashville, TN 2013, 2014.
- Measurement of spirituality* – Leader of Generative session, Christian Scholars Conference, Lipscomb University, Nashville, TN, June 2012
- Adolescent sexual acting out (response to Theatre production)* – Panel participant, Christian Scholars Conference, Lipscomb University, Nashville, TN, June 2012.
- Mediating family conflict* – Annual conference, Institute for Conflict Management, Lipscomb University, Nashville, TN, September 2012
- Plenary panel on Grief* – Religious Scholars Association, Belmont University, Nashville, TN May 2012
- Measurement of Spirituality*, Generative session, Christian Scholars Conference, Pepperdine, Malibu, CA, 2011, Lipscomb University, Nashville, TN 2012, 2013

**Service presentations (applied scholarship)**Diversity

- Racial reconciliation retreat*, led retreat for leaders of Black and White Churches of Christ for purposes of reconciliation – Lebh Shomea, Samarita, TX July 2014.
- Women leaders in faith based institutions of higher learning* – Conversations of Significance facilitator, Christian Scholars Conference, Lipscomb University, Nashville, TN, 2013, 2014.
- Women in theological studies* – Moderator and facilitator of panel, Christian Scholars Conference, Lipscomb University, Nashville, TN, June 2012.
- Women in faculty and administrative positions* - Moderator and facilitator of panel, Christian Scholars Conference, Lipscomb University, Nashville, TN, June 2012.
- Pray the devil back to hell* – Moderator for panel on Muslim/Christian relations, Human Docs series, Lipscomb University, Nashville, TN September 2011.
- Valuing self, valuing others* – Women in Leadership conference, Lipscomb University, October 2010
- The Labyrinth of Leadership* – Panel of women faculty, Adams Center Faculty lunch, 2008
- Women in leadership* – Women in the Light (Graduate School of Theology women's group) - 2007
- Cultural implications of working with low socioeconomic populations* - Faithworks staffing – Abilene – 2003, 2004, 2006, 2008

Teaching/supervision

- Inviting faculty into deeper waters* – two-part session for administrators, National Association for Christian Educators, Lipscomb University, Nashville, TN, November 2011.
- Inviting students into the story of Jesus* – National Association for Christian Educators in-service, Lipscomb University, November 2011.
- The spiritual development of children* – National Association for Christian Educators, Lipscomb University, November 2010.
- The spiritual life of an academic - plenary* – Christian Scholars Conference – Pepperdine University, Malibu, CA 2005

Writing

- DMin Writing retreat*, DMin in Missional and Spiritual Formation, Sisters of Mercy Convent, Nashville, TN, February 2014.

**Mental Health topics**

Conflict resolution

*Conflict resolution in intentional community* – Scarritt Bennett Center, Nashville, TN, October 2014.

*Conflict resolution for mission teams* – Australia mission team, Halbert Institute of Missions, Abilene, TX, November 2009

*Conflict resolution for mission teams* – Chili mission team, Halbert Institute of Missions, Abilene, TX, November 2009

*Conflict resolution for mission teams* – Zambia mission team, Halbert Institute of Missions, Abilene, TX, November 2009

Emotional health

*Shame* – Panel for college women – Lipscomb University, Nashville, TN 2013

*Crisis management* – MFT Department annual training – Abilene, TX 1998 to 2008

Parenting and children

*Spiritual Formation of children* – Woodmont Hills Family of God Bible Class, four-week series, Nashville, TN 2013

*Parenting seminar*

Faithworks of Abilene, Abilene, TX 2005

Bronx mission team – Bronx, NY 2005

Premarriage/marriage

*Marriage Seminar* – Memorial Church of Christ, Houston, TX August 2009

*Marriage retreat* – Chenal Valley Church of Christ, Hot Springs, AR April 2009

*Marriage retreat* – Beckwith Episcopal Retreat Center, Mobile, AL 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015.

*Contemplative marriage retreat* – Conway Church of Christ, Little Rock, AR 2007

*Marriage Enrichment* – Three class series – Zoe Worship Conference, Nashville, TN 2006

*The financial and emotional cost of divorce* – Personal Financial Planning class – Jack Griggs – Abilene, TX 2005

**Spiritual/Church Issues**

Church fathers and mothers

*Ignatian spirituality*, Spiritual Friends Network, Glenhaven United Methodist Church, Nashville, TN, December 2014.

*The Spiritual Exercises of St. Ignatius*, Summer Celebration, Lipscomb University, Nashville, TN, 2014.

*The Spiritual Exercises of St. Ignatius*, Annual Bible Lectures, Pepperdine University, Malibu, CA, 2014.

*The Spiritual Exercises of St. Ignatius*, Nurture, 2014, Lipscomb University, Nashville, TN, February 2014.

*Bernard of Clairveax, Stages of Love*, Summit, Abilene Christian University, Abilene, TX, September 2012, Nurture conference, Lipscomb University, Nashville, TN, February 2013.

*St. John of the Cross and the difference between the dark night of the soul and depression* (two-class series), Pepperdine Lectures, Pepperdine University, Malibu, CA, May 2012

*St. John of the Cross and the difference between the dark night of the soul and depression* (two-class series), Summit, Abilene Christian University, Abilene, TX September 2011.

*St. John of the Cross and the difference between the dark night of the soul and depression*. Nurture 2011, Lipscomb University, Nashville, TN, July 2011.

Contemplative prayer

*Spirituality of Death invited panelist*, Christian Scholars Conference, Lipscomb University, Nashville, TN June 2014.

Spiritual Formation Track co-director, Christian Scholars Conference, Lipscomb University, Nashville, TN June 2014.

*Be still and know that I am God* – Women of Hope conference, Nashville, TN, February 2014.

*Contemplative prayer* – Otter Creek Church of Christ young adults class, Nashville, TN 2013

*Contemplative prayer*, First Presbyterian Bible class, Nashville, TN 2013

*Breathe*, Bi-weekly chapel, Lipscomb University, Nashville, TN, 2012-2014.

*Be still and know that I am God* – Lipscomb University Board of Trustees spouses, Lipscomb University, Nashville, TN, April 2012

*From solitude to community to ministry* – ICS Nurture Annual conference, Lipscomb University, Nashville, TN, March 2012

*Be still and know that I am God* – Cole Mill Road Church of Christ Women’s annual luncheon, Durham, NC, October 2011.

*Be still and know that I am God* – Women for ACU banquet, Abilene, TX, September 2011.

*Contemplative prayer*, Spiritual Friends Network, Nashville, TN, August 2011.

*Contemplative prayer* - Bering Drive Church of Christ, Houston, TX, June 2011

*A constant sense of presence* – Lipscomb Live event, Waco, TX, November 2010.

*Contemplative prayer* – Vespers Service, Ottercreek Church of Christ, Nashville, TN, September 2010

*Imaging prayer* – Families Built on the Rock, Adult Bible Class, Highland Church of Christ, Abilene, TX March 2009

*Imaging prayer* – Brampton Church of Christ, Toronto, Ontario, Canada 2008

*Contemplative prayer* – Five class series, Continental Connection Conference, Sao Paulo, Brazil, 2008

*Contemplative prayer* – Fifties.com Adult Bible Class, Highland Church of Christ, Abilene, TX 2008

*Contemplative prayer group* – Four class series, MFT students, 2008

*Contemplative prayer* – Guest speaker, Communication department chapel, 2008

*Contemplative prayer* – Three class series, Pepperdine Bible Lectures, Malibu, CA 2008

*Imaging prayer* – Guest speaker, JMC Chapel, 2008

*Centering Prayer* – Co-facilitator of centering prayer group, Church of the Heavenly Rest, Episcopal, Abilene, TX 2007 to present

*Examen* – Faithworks (Non-profit to assist unemployed and underemployed), guest speaker, Abilene, TX 2007, 2008

*Lectio divina, Examen, Imaging prayer* – Campus conversations, Undergraduate chapel series (with David Wray), ACU, Abilene, TX 2007

*Silence: An introduction to contemplative prayer* – Highland Women’s Class, Abilene, TX 2007

*Contemplative prayer* – Two class series, ACU Summer Workshops, Abilene, TX 2007

*Contemplative prayer workshop* – Zoe Growing Deeper Spiritually residency, Nashville, TN 2006, 2007

*Contemplative prayer* –

- Zoe Worship Conference, three class series, Lubbock, TX 2007
- Zoe Worship Conference, three class series, Nashville, TN 2007
- Zoe Leadership Conference, Nashville, TN 2007

#### Discernment

*Discernment* – Spiritual Friends Networking Lunch, Nashville, TN 2013

*Discernment: the philosophy of St. Ignatius of Loyola* – Three-class series, ACU Summit, Abilene, TX, 2009

*Discernment: the philosophy of St. Ignatius of Loyola* – Three-class series, Zoe Worship conference, Fresno, CA, and Lubbock, TX, 2009

*Discernment: the philosophy of St. Ignatius of Loyola* - Parish Hermitage, Baton Rouge, LA, 2008

*Discernment: Listening to God and in Community* – Two class series, Zoe Worship conference, Nashville, TN 2008

#### Disciplines for Christian Living

*Celebration of Disciplines*, 6-week class, Vine Street Christian Church (Disciples of Christ), Nashville, TN, September to November, 2014.

*Urban spirituality: Teaching the disciplines to the poor* – Two class series, co-taught with Brady Bryce, Summer Celebration, Lipscomb University, Nashville, TN, July 2012.

*Disciplines for Christian Living* – Week-long intensive course, Advanced Bible Study Series, Cologne, Germany, January 2011.

#### Humility

*Humility* – New England Women’s prayer retreat, Huntington, CT, October 2011.

*Humility: Growing in one’s relationship with God* –

Women’s Conference, Friendswood, TX, April 2007

Belton Church of Christ Women’s Retreat – Belton, TX, September 2006

#### Leadership training

*Mission Team Leader training in spiritual formation* – Lipscomb Student Missions Training, Lipscomb University, Nashville, TN, January 2014.

*From solitude to community to ministry* – enVision Church Leadership Day, Lipscomb University, Nashville, TN, June 2012.

*Contemplative leadership track* – Symposium for spiritual formation and discipleship, Fairfax, VA, March 2012.

*Leading God’s people into deeper waters*, Summer Celebration, enVision, Nashville, TN, June 2011.

*Contemplative prayer – two-class series* – Elderlink, Highland Oaks Church of Christ, Plano, TX, November 2009.

*Imaging prayer* – Church Administrators Forum, Highland Oaks Church of Christ, Plano, TX, May 2009.

*Contemplative prayer* – Campus Leaders Retreat, Abilene, TX 2008

#### Ministerial support

*Otter Creek Church of Christ staff retreat*, Deer Run Retreat Center, Nashville, TN, January 2014.

*Self care for Clergy* – Guest speaker on *Intentional Living*, June 2013

[www.theintentionallife.com](http://www.theintentionallife.com)

*Ministerial support* – Guest speaker for Introduction to Ministry course, Lipscomb University, Nashville, TN, November 2010.

*Soul Care for the Care Giver* – Advanced Bible Study Series, Gemunden, Germany, January 2009.

*Sustenance for the journey: Ministerial support* – Christian Educators Conference, Ft. Worth, TX, 2007

*Thirst: Quenched by God and God’s people* – Women in Ministry Conference – Rochester College, Detroit, MI, May 2006

*Ministers' Perception of Support from their Congregations* – ACU lectures, Abilene, TX 2003

*Avoiding sexual misconduct* – Introduction to Christian Ministry – Guest speaker for Introduction to Christian ministry course (Charles Siburt), ACU, 2005, 2006, 2007, 2008, 2009

#### Multi-faith conversation

*A Christian’s response to the Muslim faith*

Panel Respondent for Family of Abraham guest speaker, Nashville, TN 2013

Practicing God's presence in relationships

*Practicing God's presence in relationships* –

Adult Bible Class – Chenal Valley Church of Christ, Little Rock, AR, April 2009

Chapel, McMurry University, Abilene, TX March 2009

Elderlink, Portland, Oregon – October 2005

Laity Lodge Christian Retreat Center – June 2005

Praying the Hours

*Praying the hours of prayer* – Church of Christ spiritual formation prayer retreat – Parrish

Hermitage, Baton Rouge, LA, 2006

Spiritual direction

*Spiritual direction* – Zoe Leadership Conference, Nashville, TN, 2008, 2009, 2010

*Spiritual direction versus Christian therapy* – Spiritual Formation - Guest speaker for David

Wray, ACU, 2005, 2006, 2007, 2008, 2009

*Presentation of cases for Shalem Institute for Spiritual Formation program requirements*– ACU  
2004-2005; 2006 to present

Spiritual formation

*Spiritual formation track leader*, Christian Scholars Conference, Lipscomb University, Nashville,  
TN, 2013 to present.

*Living with God at the center*, 8-week class, Harpeth Hills Church of Christ, September-  
November, 2014.

*Spiritual disciplines*, Titus 2 women's group, Panel for women from Otter Creek Church of  
Christ, Nashville, TN September 2014.

*Spiritual formation of college students*, Panel for Church of Christ Student Development Officers,  
Lipscomb University, Nashville, TN 2013

*The heart of Jesus*, Communion thoughts, Otter Creek Family of God, Nashville, TN 2013

*Spiritual self-care*, Interview, Red Backpack radio show, Nashville, TN 2013

*Moving from Solitude to Community to Ministry*, Tuesdays in the Chapel, Scarritt Bennett Retreat  
Center, Nashville, TN 2013

*Spiritual formation* – Harpeth Hills Church of Christ Adult Bible class, Nashville, TN, November  
2012.

*Service as a spiritual discipline* – Lipscomb Academy sixth grade classes, Nashville, TN,  
September – 2012.

*Moving from the false self to the true self*, Fourth Avenue Church of Christ Bible class, Franklin,  
TN, July 2011.

*Engaging the younger generation*, panel, Lipscomb Live, Houston, TX, June 2011.

*Spiritual formation of adolescents*, panel, Lipscomb Live event, Raleigh, NC, November 2010.

*My vision for the Institute for Christian Spirituality*, Fundraising dinner, Longview Mansion,  
Nashville, TN, November 2010

*Examen* – Lipscomb Faculty Pre-session, Lipscomb University, Nashville, TN, August 2010

*Earth meditation* – Shalem Society Annual Gathering, McLead, VA, October 2009

*Spiritual development* - Zoe Spiritual Direction program, Nashville, TN, July 2009

*Examen, Body prayer, and Imaging prayer* – Shalem Regional Gathering, Oblate Renewal  
Center, San Antonio, TX, February 2009

*Growing deeper spiritually* – Key note speaker – Three speech series, Continental Connection  
Conference, Sao Paulo, Brazil, 2008

*Conduits of God's love: The fruit of the spirit is love* – GST chapel, ACU, 2008

*Pilgrim Heart: Panel discussion on book authored by Darryl Tippens*, ACU lectures, 2006

*Zoe Growing Deeper Spiritually Program* – Co-facilitator in fifteen-month program – Nashville,  
TN, March 2006-present.



*The spiritual life of the academic* – Christian Scholars Conference – Pepperdine University, Malibu, CA - July 2005

*Examen* - Living in the promises – Adult Sunday School Class, Highland Church of Christ– 2003 to 2005

*Modification of lifestyle-* Living in the promises – Adult Sunday School Class, Highland Church of Christ– 2003 to 2005

Taize worship

*Leading of Taize worship advent service* – December 2003, 2004, 2005

Textual

*The minor prophets* –Otter Creek Church of Christ Fall class series, co-taught, Nashville, TN, Fall 2014.

*Reading John for transformation* – Otter Creek Summer class series, co-taught, Nashville, TN, June – August, 2012.

*Hebrews* - Living in the promises – Adult Sunday School Class, Highland Church of Christ– 2005

*Personal experience with Psalms* – Sojourners Bible Class, Highland Church of Christ, Abilene, TX, April 2006

Women's' role in the church

*Women's roles in the church*, Otter Creek Church of Christ elders meeting, Nashville, TN, September 2011

*Women in Church of Christ Institutions of Higher Learning*, panel, Christian Scholars Conference, Pepperdine, Malibu, CA, June 2011.

**Spiritual Retreat leadership**

*Be still and know that I am God* – Bramalea Church of Christ, Toronto, Ontario, August 2014.

*Be still and know that I am God* – Lafayette Church of Christ retreat, St. Louis, MO, March 2014.

*Guided silent retreat for ICS program graduates* – Scarritt Bennett Center, Nashville, TN, February 2014.

*Personal spiritual formation* – Schrader Lane Church of Christ Young Adults Ministry, Andrews Leadership Center, Nashville, TN, November 2013

*Ignatian Spiritual Exercises retreat* – Director of individual 30-day retreat, Nashville, TN, July 2013.

*Spiritual formation retreat* – Riverside Christian Academy pre-session retreat for faculty and staff, Henry Horton State Park, TN, July 2013.

*Be still and know that I am God* – Ladies' retreat, Tempe Church of Christ, Tempe, AZ 2013

*Breathe retreat* – Lipscomb University Faculty, Staff, and Board of Trustees members, 2013.

*Be still and know that I am God* – Stone-Campbell Dialogue pre-conference retreat, Grand Prairie, TX, November 2012.

*Breathe, Contemplative retreat* – Denver University Church, Denver, CO, September 2012.

*Be still and know that I am God* – Lebanon College Heights Church of Christ, St. Mary's Sewanee Retreat Center, Sewanee, TN, August 2012.

*ICS Guided silent retreat* – Bi-annual retreat, Nashville, TN, 2012, 2013

*Contemplative prayer* – Seminar for Mission Resource Network retreat for missionaries, Lipscomb University, Nashville, TN, June 2012.

*ICS Guided silent retreat* – Sisters of Mercy Retreat Center, Nashville, TN, May 2012.

*Ignatian Spiritual Exercises* – co-director with Marshall Craver, Oakhaven Retreat Center, Jonesboro, AR, April 2012

*Contemplative retreat* – Lipscomb University DMin students, Scarritt Bennett Retreat Center, Nashville, TN February 2012

*Guided silent retreat for students* – Scarritt Bennett Retreat Center, Nashville, TN, February 2012

*Contemplative prayer retreat* – Plainfield Christian Church women’s retreat, Plainfield, IN, November 2011.  
*Contemplative retreat* – Cole Mill Road Church of Christ church-wide retreat, Durham, NC, October 2011.  
*Contemplative retreat*, Laity Lodge, Leakey, TX, September 2011.  
*Contemplative retreat* – Day retreat, Miller home, Nashville, TN, September 2011.  
*Contemplative retreat* - David Lipscomb Campus Schools retreat, Nashville, TN, July 2011.  
*Contemplative prayer* – Week-end retreat, Timothy Hills Camp, Massachusetts, October 2010  
*Be still and know that I am God* – Week-end retreat, College Station, TX, October 2010  
*Contemplative prayer retreat* – Community of Hope, St. Peter’s Episcopal Church, Kerrville, TX, May 2009  
*Spiritual formation*, Manhattan Church of Christ women’s retreat, Poconos, PA - 2008  
*Contemplative prayer retreat* - Church of Christ spiritual formation prayer retreat – Parish Hermitage, Baton Rouge, LA, 2006, 2007, 2008  
*Contemplative prayer* – Part of week-long retreat with Mission team, Tanzania, W. Africa, 2006

### **Direction of extension training programs (long-term)**

#### Art as Worship

*Art as Worship* – Eight-month program, Institute for Christian Spirituality, Lipscomb University, Nashville, TN, 2013 to 2014.

#### Spiritual formation

*Certificate in Christian Spirituality* – Graduate year-long program, Institute for Christian Spirituality, Lipscomb University, Nashville, TN, 2014.

*Spiritual Deepening for Ministry Couples* – Eight-month program, Institute for Christian Spirituality, Lipscomb University, Nashville, TN, 2013 to 2014.

*Growing Deeper Spiritually Program* – Fifteen-month program in spiritual formation, 2006 to 2012.

#### Spiritual direction

*Spiritual Direction Program* – Two-year program in spiritual direction, Scarritt Bennett Center, Nashville, TN, 2014 to present.

*Spiritual Direction Program* – Two-year program in spiritual direction, Institute for Christian Spirituality, Lipscomb University, Nashville, TN, 2008 to 2014.

## **Clinical Experience**

### **Specialization with clergy families**

Focused population of therapy  
 Nashville, TN 2010 to present  
 Abilene, TX 2000 to 2010

### **Supervision of supervision**

Halstead & Associates, PC, Nashville, TN  
 Lezlie Owsley - May 2013 to present

Marriage and Family Institute, ACU  
 Deon Botha – May 2007 to 2010  
 Cara Flanders – 2006 to 2008

### **Approved Supervisor**

Halstead & Associates, PC  
 Nashville, TN – August 2010 to present

	Marriage and Family Institute, ACU Abilene, Texas - May 2002 to 2010
<b>Clinic Director</b>	Marriage and Family Institute, ACU Abilene, Texas - 2001 – 2002, 2005 to 2007
<b>Marriage and Family Therapist</b>	Halstead and Associates, P.C., president Nashville, Tennessee – 2010 to present Abilene, Texas – 2000 to 2010  Christian Counseling Center of Abilene, owner Abilene, Texas – 2005 to 2010  Highland Counseling Center, director Abilene, Texas – 2000 to 2010
<b>Consultation</b>	Amy Harkness clearness committee, 2 <sup>nd</sup> Presbyterian Church, Nashville, TN – September 2014. AAMFT (American Association for Marriage and Family Therapy) Task Force on the future organizational structure of AAMFT, Washington, DC, August 2014 Missionary Care Summit (Think Tank), Mission Resource Network, Dallas, TX – May 2014. Task Force, Future programming, St. Mary’s Sewanee Retreat Center, Nashville, TN – December 2013 The future of Churches of Christ Think Tank, Dallas, TX, July 2012. LifeWorks of Nashville student debriefing, LifeWorks, Nashville, TN, May 2012 Ecumenical Spiritual direction program creation, Wisdom House, Scarritt Bennett Retreat Center, Nashville, TN, May 2012. AAMFT Strategic Planning Task force, <i>Futures conference</i> , Washington, DC, July 2009 Marriage and Family Enrichment Strategy for churches - Memorial Church of Christ, Houston, TX April 2009 Role of Spiritual Direction in the Spiritual Formation of Missionaries, Mission Alive, Dallas, Texas, March 2009 Administration, faculty. staff consults - ACU – 2002 to present Spiritual discernment Sexual harassment Faculty and Staff conflict resolution Human systems dilemmas Mwanza Mission Team -Tanzania, W. Africa – December 2007 Mission team care consultation - Dr. Sonny Guild, Abilene Christian University - 2004 Faithworks non-profit, job training ministry – bi-monthly - 2002 to present

Sendai Missions Team, York, Nebraska, Sendai, Japan – 2001  
to 2007

Alpha Academic Program, Abilene Christian University 1999-  
2001

## **Research**

### **Department of Marriage and Family Therapy, Ghana trip**

- Faculty sponsor for trip for purpose of research with trafficked children, Ghana – May 2014
- Taught classes, supervised research, served as trip chaplain

### **Center for Spiritual Research**

- Launching of Center under umbrella of Institute for Christian Spirituality – January 2014
- Marketing of LSAMP for measurement of spirituality – universities and churches

### **Measurement of spirituality**

- Mixed methods – 2010 to 2012
- Co-researcher – Chris Gonzalez

### **DMin Dissertation Chair, Lipscomb University**

- The response of the church to marginalized youth – 2012 to 2014.
  - Katherine Watkins

### **MA Thesis Committee, Lipscomb University**

- Current Interest in a Psychological and Christian Network of Soul Care (2011)
  - Adam Graham

### **Emotional Intelligence as a predictor of successful training of Marriage and Family Therapy interns**

- Quantitative study – 2008 to 2010
- Co-researcher – Deon Botha

### **Outcome-based focused learning with students of Marriage and Family Therapy**

- Quantitative study 2006 to present
- Co-researchers – Jeff Reese, University of Kentucky, Steve Rowlands, ACU
- Department-wide study with supervisors and interns

### **Women faculty and issues of faith and learning**

- Qualitative study 2005
- Focus groups at five Church of Christ institutions
- Recipient of Cullen grant

### **Intrinsic/extrinsic motivation factors in faculty of Church of Christ institutions of higher learning**

- Qualitative/quantitative web-based study – 2003
- Co-researcher – Don Drew (OC)

**Doctoral Dissertation Research**, Department of Human Development and Family Studies, Iowa State University - 2000

- Qualitative study conducted through focus groups and ethnographic interviews with ministers in the Church of Christ

## Publications

### Scholarly Publications

- Halstead, J.L. (2014). Encounter with God: A theological reflection on missionary care. *Missio Dei*, in press.
- Halstead, J.L., guest editor. Spiritual Formation, *Leaven: A journal of Christian Ministry*, Spring 2014.
- Halstead, J.L. (2013). Pastoral Implications, Proper 13, 14, 15, and 16. *Lectionary Homilectics*, August.
- Halstead, J.L. (2012). Engaging the poor with Christian Disciplines. *Missio Dei*, 3.2, <http://missiodeijournal.com/md-3-2/120>.
- Halstead, J.L. (2012). The spiritual formation of graduate students: Teaching in a faith-based school. *NCFR Report*, Winter.
- Reese, R.J., Usher, E.L., Bowman, D.C., Norsworthy, L.A., Halstead, J.L., Rowlands, S.R., & Chisholm, R.R. (2009). Using client feedback in psychotherapy training: An analysis of its influence on supervision and counselor self-efficacy. *Training and Education in Professional Psychology*, 3, 157-168.
- Halstead, J.L., & Loy, C. (2007). *The Academic Climate of Women Faculty in Faith-based Institutions of Higher Learning*. Forum on Public Policy: A Journal of the Oxford Round Table, Forum on Public Policy Online, Winter 2007 ed., <http://www.forumonpublicpolicy.com/archive07/halstead.pdf>.
- Halstead, J.L. (2006). The Academic Climate of Women Faculty in Faith-based Institutions of Higher Learning, Paper presented at Oxford Round Table on Women's Rights, Oxford England.
- Halstead, J.L. (2006). Ethical and Legal Issues in Marriage and Family Therapy. *Our Common Body of Knowledge: National Licensing Exam Study*, AAMFT, Austin, TX.
- Halstead, J. L. (2004). Family Therapy, *Texas Study Manual for National Counselor Exam*. Abilene, TX: Institute for Personal Growth and Achievement, Inc.
- Halstead, J. L. (2004). Professional orientation and ethics: Chapter supplement, *Texas Study Manual for National Counselor Exam*. Abilene, TX: Institute for Personal Growth and Achievement, Inc.
- Halstead, J. L. (2004). Social, cultural, and family issues, *Texas Study Manual for National Counselor Exam*. Abilene, TX: Institute for Personal Growth and Achievement, Inc.
- Halstead, J. L. (2003, July). *Church of Christ faculty: A family portrait, part II*. Paper presented at the Christian Scholars Conference, Lubbock, TX.

Halstead, J. L. (2000-2002). Quandaries: Ethics column, Regular column in *CONTACT*, Texas Association of Marriage and Family Therapy bi-monthly publication.

### **Service Publications**

Feature writer, *The Inner Life*, Regular article for bi-monthly magazine, 21<sup>st</sup> Century Christian, 2013 to present.

- Community, January 2015
- Confession, November 2014
- Inner riches in the midst of outer turmoil, September 2014
- The courage of Mary, July 2014
- Ghana, May 2014
- Scripture, March 2014
- Waiting on God, January 2014.
- Struggles, my teacher, November 2013.
- Discernment, September 2013.
- Competing stories, July 2013.
- Beginning with solitude, May 2013.

Drew, D.V., & Halstead, J.L. (2003, September/October). Faculty motivation. *Christian Chronicle*, 60(10), 17-19.

Halstead, J.L. (2007). *Lightness in flight*. Response solicited for Shore Art Gallery display, "The Next Generation: Contemporary Expressions of Faith".

Halstead, J.L. (2006). Leaven – The Christian Response? (2006, May/June). *Wineskins*, [http://www.wineskins.org/filter.asp?co\\_key=1132](http://www.wineskins.org/filter.asp?co_key=1132).

Halstead, J.L. (2006, August). Teaching our children to pray gives them a connection to God. *Christian Chronicle*, 64(8), 32.

Halstead, J.L. (2005, July/August). When helping becomes cheating. *Church and Family*.

Halstead, J. L. (2003, July/August). A grateful heart: The process of examen. *Wineskins*, 27-28.

Halstead, J. L. (2003, September/October). Leadership from 9 to 5, *Christian Women*, 19(5), 13-14.

## **University committees**

### **Lipscomb University**

**CORE Competency Assessment Team** – 2013 to 2014.

**Center for Transform-aging Intentional Older Adult Ministry Committee** – 2013 to 2014.

**Board of Trustees Spiritual Life Committee** – 2013 to 2014.

**BIT – Behavioral Intervention Team – 2012 to 2014.**

**Faculty Mentoring – 2012, 2013**

**DMin Leadership committee, 2011 to 2014.**

**Faculty senate council, 2011 to 2013**

**College of Bible Leadership Team, 2011 to 2014.**

**Delta Xi Social Club sponsor, 2010 to 2012**

**Christian Scholars Conference committee, October 2010 to 2011.**

**American Theological Society Accreditation Committee, September 2010.**

**Institute for Christian Spirituality Executive Committee, 2010 to 2012.**

**Women’s Conference Committee, 2010 to 2012.**

**CONNECT 2011, 2010-2011.**

**Abilene Christian University**

**Congregational Engagement Initiative, 2008 to 2010.**

**Faculty senate, 2001-2003; 2007-2010.**

**Women’s Initiative Taskforce, 2007.**

**Soul Care emphasis Taskforce, Departments of MFT and GST, 2006 to 2010.**

**Marriage and Family Institute redesign committee, 2006 to 2007.**

**Salary Benchmarking Taskforce, 2006 to 2008**

**Dean’s Leadership Team, 2005 to 2010**

**CBS Academic Council, 2005 to 2010**

**Academic Think tank, Adams Center, 2005-2006**

**Quality of life committee, 2004 to 2005**

**Center for Abundant Life/StillPointe, 2004 to 2010**

**Women faculty forum, 2004 to 2007**

**Graduate council, 2004 to 2010.**

**Centennial celebration committee** – 2004 to 2005

**McNair panel judge**, Judged qualitative research projects presented by McNair scholars, July 2003.

**McNair Scholar program**, Mentor for McNair scholar, Summer 2003.

**Integration of faith and learning**, Committee selected by university provost to enhance the integration of faith and learning, 2002 – 2005.

**Unity and wellness committee**, subcommittee of faculty senate that addresses needs of faculty in these areas, 2001-2002, chairperson – 2003, 2008-2010.

### **Professional Development**

**Center for Nonprofit Management** Grant writing workshop for religious organization, Nashville, TN, August 2014.

**Masters in Christian Spirituality** Creighton University, Omaha, NE, 2013 to present.

**Competency Outcome Assessment** Professional Studies College, Lipscomb University, Nashville, TN, 2013.

**Women in Ministry retreat** Come Before Winter organization, Keat's Island, BC, Canada, 2013

**Enneagram** St. Mary's Sewanee retreat center, Sewanee, TN, 2013

**Development training** Monthly development seminars, Lipscomb University, Nashville, TN, September, October, November 2012

**Ethics for mental health** Dancing Moose Productions, Nashville, TN, November 2011.

**Legislative training** Lobbying training and experience on Capitol Hill, Washington, DC, March 2010

**Division leadership training** AAMFT leadership conference, Washington, DC, March 2010

**Division leadership training** AAMFT Annual Conference, Sacramento, CA, October 2009

**ACU Adams Center** *Podcast training*, ACU, Abilene, TX May 2010  
*Academic Publication Workshop*, Faculty Summer Institute, Abilene, TX, June 2009.

**TAMFT Legislative Day** Training and lobbying efforts in support of legislative initiatives concerning field of Marriage and Family Therapy, Austin, Texas, March 2009.

**CCCU Advanced Leadership Development Institute**, Twelve-month program for graduates of LDI. Weeklong retreat on advanced leadership training. Weeklong



shadowing of Associate Director of Spiritual Development at Biola University, June 2008 - Spring 2009.

**Spiritual Guidance Program**

Twenty-four month training program in spiritual guidance  
Shalem Institute for Spiritual Formation  
Bethesda, Maryland, April 2007-present

**Leading Contemplative Prayer Groups and Retreats**, Fifteen-month training program (received five

graduate hours of credit through Union Theological Seminary)  
Shalem Institute for Spiritual Formation  
Bethesda, Maryland, January 2006-May 2007

**Spiritual retreats**

Shalem Institute for Spiritual Formation Annual Gathering,  
Bethesda, MD, October 2010, 2011, 2014.

Discernment, Matt Linn, SH,  
Knoxville, TN, September 2014.

Healing Retreat with Matt Linn, SJ, Ignatius House,  
Atlanta, GA, March 2014.

Healing yourself is healing the world, Retreat with Thich Nhat Hanh,  
Magnolia Grove Monastery, Batesville, MS, November 2013.

Healing Retreat with Matt Linn, SJ, Blessed Trinity Retreat Center,  
Ft. Mitchell, AL, August 2012.

Ignatian Spiritual Exercises retreat, Spring Hill College, Mobile, AL,  
May 2011, 2012, 2013, 2014.

Come and See retreat, St. Mary's Sewanee Retreat Center, Sewanee,  
TN, March 2012

Shalem discernment retreat  
Baltimore, MD, December 2011.

Shalem Institute for Spiritual Formation Annual Gathering,  
Bethesda, MD, October 2010, 2011.

Individual spiritual retreat, Cenacle Retreat House, Houston, TX,  
April 2010

Spiritual exercises, Ignatian retreat with Christopher Viscardi, S.J.,  
2010.

Buddhist/Christian Insight Meditation, Resources for Ecumenical  
Development, Bethany Spirituality Center, Highland Mills, NY, 2009.

Healing retreats, Matthew Linn, S.J.

Cenacle Retreat House, Houston, TX; 2002, 2003, 2004, 2005, 2006, 2008, 2009, 2010

Praying the Hours, Macrina Wiederkehr  
Cenacle Retreat House, Houston, TX 2006

**Spanish**

Spanish language acquisition through auditing of university courses  
Abilene Christian University, August 2004 to 2005.

**CCCU Leadership Institute for Emerging Leaders**, Yearlong program with CCCU. Week-long retreat on leadership training and week-long shadowing experience with Academic Dean, Lee University, Cleveland, TN, 2002

**Learning, Faith, and Religious Heritage**, Weeklong seminar funded by Lilly Foundation for exploration of integration of faith, learning, and religious heritage. Pepperdine University, Malibu, CA, June 2002

**Teaching and Learning Scholar Program**

Abilene Christian University, Abilene, TX - 2000-2001

**Mediation Training**

Center for Creative Justice, Ames, Iowa - 1997

**Professional Conferences**

Society for Biblical Literature  
San Francisco, CA – 2011

Evolution of Psychotherapy, Anaheim, California – 2005.

Missionary care conference  
Plano, Texas - 2004

Center for Play Therapy Summer Institute  
Dallas, Texas - 2001

American Association of Marriage and Family Therapy  
National Conferences,

Ft. Worth, Texas - 2011  
Atlanta, Georgia - 2010  
Sacramento, California - 2009  
Long Beach, California - 2007  
Austin, Texas – 2006 (Presenter)  
Atlanta, Georgia – 2004 (Presenter)  
Long Beach, California – 2003  
Cincinnati, Ohio - 2002  
Nashville, Tennessee - 2001  
Denver, Colorado - 2000

Texas Association of Marriage and Family Therapy  
State Conference,

San Antonio – 2010 (Presenter)  
Ft. Worth – 2009 (Presenter)

Galveston – 2008 (Presenter and facilitator of Student Research Forum)  
Houston – 2000 (Presenter), 2002 (Presenter), 2004 (Presenter), 2006 (Presenter)  
Dallas – 2001 (Presenter), 2003 (Presenter), 2005 (Presenter)

## Community Service

- Older Adult Ministries Network** Member, Committee of ministers to older adults  
Nashville, TN, 2012 to present
- Spiritual Friends Networking Group** Member, Group of spiritual directors, counselors, etc.  
Glenhaven United Methodist Church, Nashville, TN, 2010 to 2014  
Scarritt Bennett Center, Nashville, TN, 2015 to present
- LifeWorks of Nashville, Inc.** Board member, Charter board, 2011 to present.  
Nashville, TN 37211
- Missional Engagement Team** Sub-committee of Partnership for Missional Evangelism  
Highland Church of Christ  
Abilene, TX 2007 to 2008
- Spiritual direction** Spiritual direction for Nashville community  
Specializing in clergy and their families  
Nashville, TN 2010 to present
- Offer spiritual direction to population of Abilene community  
Abilene, TX  
Pro-bono – 2004 to 2010
- Avoiding Sexual Offense** Highland Church of Christ  
Hillcrest Church of Christ  
Westminster Presbyterian  
Youth and Children’s ministries  
Abilene, Texas – 2002, 2003, 2004, 2005
- Youth Group** High School Mission Trip  
New Orleans, LA, June 2009  
Coordinator of congregational care  
Following Highland Youth Vehicle accident, 2006 to 2007  
Handling crises and suicidal ideation  
9<sup>th</sup> Grade Class  
Highland Church of Christ  
Abilene, Texas – September 2003
- Group therapy/consultation Board member** Faithworks  
Abilene, Texas – 2003 to 2008

**Youth Leadership Committee** Highland Church of Christ  
Abilene, Texas – 2003 to 2005

**Into All the World** Highland Church of Christ  
Family Missions Committee  
Abilene, Texas – 2003 to 2004

### **Honors/Awards**

**W-Club 2009 award** *Role Model of the Year*  
Abilene Christian University  
Abilene, Texas, 2009

**Faculty Renewal Leave** *Sustenance for the Journey: The case for ministerial support*  
Abilene Christian University  
Abilene, Texas, Fall 2008 deferred to Spring 2010

**Wineskins Magazine** *Award of Excellence*  
Pepperdine Lectures  
Malibu, California, 2007

**Outstanding Faculty Member** College of Biblical Studies  
Abilene Christian University  
Abilene, Texas 2005

**Cullen Grant recipient** *The Question of Gender: Examining the Dynamics Unique to  
Female Faculty at Christian Universities*  
Abilene Christian University  
Abilene, Texas 2003

**Catherine Maurice Carroll  
Graduate Scholarship** College of Family and Consumer Sciences  
Iowa State University, 1998

**Phi Kappa Phi** Honor Society, Iowa State University, 1997

**Kappa Omicron Nu** National Family and Consumer Science Honor Society  
Iowa State University, 1997

**Summa Cum Laude** MMFT, Abilene Christian University - 1987, Abilene, Texas  
  
BS, Oklahoma Christian College - 1985, Oklahoma City,  
Oklahoma

**Scholastic Award** MMFT, Abilene Christian University - 1987, Abilene, Texas

**Business Award** AA, York College - 1981, York, Nebraska

### **Professional Memberships**

Society for Biblical Literature – 2011 to 2012.

American Academy of Religion – 2012 to 2014.

Tennessee Association for Marriage and Family Therapy  
Clinical member – 2010 to present

Shalem Institute Society

Lay Cistercian of Gethsemani Abbey

American Association for Marriage and Family Therapy - Clinical Member

Texas Association for Marriage and Family Therapy

President - 2010

President-elect - 2009

Liaison for Student Association for TAMFT – 2005 to 2008

Member of executive committee – 2005 to 2008

Board member – 2006 to 2008

Board member – 2004 to 2006

Board member – 2002 to 2004

Chair of Ethics Committee - 2000-2001

### **Professional Licensure**

Licensed Marriage and Family Therapist in state of Tennessee, #0000000909